

Community Ministry Advisory Committee
For the Ministry of Rev. Barbara Meyers

June 2008

Status of ministry since last meeting

Education

Caring Congregation

- San Diego Congregation to have me as a guest in the fall.

Classes and Seminars Given

- Gave an all-day Saturday intensive training on Mental Health and Pastoral Care at Starr King School for the Ministry on Feb 23. Students from 6 seminaries attended. The class was completely full and had a long waiting list. Therefore, have arranged to give the class again on April 5 at the Berkeley UU Fellowship.

Classes and Seminars Taken

- *Hope and Wholeness*, May 5-23, 2008. The Wayne E. Oates Institute of Online learning.

County Education Effort Continues

Plans have been made to have a state-wide Mental Health and Spirituality Conference in October, 2008. I will participate in this as much as I can with my other activities.

Healing

Reaching Across

- Continued compensated job at Reaching Across organization, for quarter-time work.

Support Groups

- Continued co-leading new interfaith support group for people with depression and sadness.
- Continued to recommend support group for families of those with mental illness.

Pastoral Associates

- Continue to prepare training materials for Pastoral Associates.
- Made several visits to congregational members with mental health problems, at home and in the hospital.

Priestly

- Worship associate on May 4

Social Justice

Community Awareness

- Mental Health Matters Public Access TV Show
 - "Mental Health Matters - Alameda County" was awarded the Alameda County Mental Health Board's Media Award for 2008. Those in the extended crew, local producers, and in Comcast who has played a part in the show, are receiving an award. This is part of the annual Mental Health Board award program for those who have done the most to advance mental health in Alameda County over the last year.

- Taped shows on: Spirituality is planned for April, Depression in May, Consumer Movement in June.
- Topics for the next shows have been chosen. They are: Dual Diagnosis, The Trauma, Mental Health in Jail/Prison, First Break, Anxiety and Mental Health in the Asian community.
- Shows continue to be broadcast throughout Alameda County on Comcast TV as well as being available from anywhere on the internet.
- Mental Health pages on MPUUC web site continue to be widely accessed.
- Held a Movie Night on May 17 showing the movie *Ordinary People* with a discussion period afterwards.

Participated in Alameda County Mental Health Services Act Planning Council

This group does Alameda County Mental Health Services Act (MHSA Proposition 63) MHSA program portfolio reviews, budgetary actions recommendations, and prioritization of new programs.

UUA Accessibility Committee

- Helped to start new Accessibility Group called Equal Access with members throughout the UUA. Will continue to confer via email and teleconference with this group as it forms. The by-laws have been written and now preliminary leadership is partially in place.

Books Read

Using Behavioral Therapy to treat Autism:

Words from Those Who Care: Further Case Studies of ABA with People with Autism, by Bobby Newman and Dana Reinecke, AMAC, Inc. 2000.

Behavioral Detectives: A Staff Training Exercise Book in Applied Behavior Analysis, by Bobby Newman and Dana Reinecke, Dove and Orca, 2007.

Personal

- Rest
- Finished weaving for Terri King with a design based on a Frank Lloyd Wright stained glass window. Very pleased that I can weave geometric shapes!

Other

- Met with Community Ministry Advisory Committee every quarter
- Chaired MPUUC Mental Health Committee which meets every 6-8 weeks
- Met with Committee on Ministry from MPUUC monthly
- Met with other UU community ministers every 2 months

2008 Development Plan

Area	Plans	Time line	Measurement	Status
Continuing education:				
Take one or two classes a year	Investigate classes to take in the next year	Identify class by March 1	Take class by December 08	Taken 2 classes
Attend GA and district assemblies.	DA in April and GA in June	April 2008 June 2008	Events attended	To present at DA Signed up for GA
Attend Mental health seminars / conventions	Attend at least one local / state mental health convention in next year	Choose by March 1	Attended by Dec. 2008	Attended Client convention in Feb
Areas for growth in the next 2 yrs:				
Continue to support the new mental health support groups	Work on advertising, reaching possible local and interfaith audiences	Plan evaluated/ developed by March 2007	More people come and stay in groups	In progress
Continue working on preaching style	Work with preaching professor and drama coach	As speaking engagements show up	Style continues to improve.	In progress
Increase support and growth of Caring Congregation curriculum	Set into action self-sustaining structure. Conduct more teach-the-teachers. Develop intersession / intensive version of the course.	Carry out self-sustaining structure	Structure set up and used and evaluated.	In process: NYC Training planned for March
Long term development plan possibilities:				
Possibly become a Spiritual Director	Check out programs at Shalem Institute and Mercy Center	At least 2 years away	Investigate program and decide when to use	
Possible D.Min. at Pacific School of Religion	Understand requirements for the program at PSR	At least 2 years away	Make a decision by Dec 2007 whether to pursue DMin.	Decided to put this decision off for a year or 2