Community Ministry Advisory Committee
For the Ministry of Rev. Barbara Meyers

2 October, 2005

AGENDA
Committee Input Requested

• Opening
• Status of ministry since last meeting
  o Education
    ▪ Caring Congregation
      • Publication of Curriculum
        o Working on getting permissions for republication of materials. Currently have 15 more to go out of about 35. Lots of investigation involved.
        o Tentative publishing date: November 2005
        o Learning a lot about publishing!!
      • Train the Trainers planned for Nov 18-20 at Mt. Diablo UU church
      • Submitted grant application to The Fund for Unitarian Universalism to cover training expenses.
      • Applied to make Caring Congregation presentation at GA 2006
        ▪ Mental health web pages on: www.mpuuc.org/mentalhealth/mentalintro.html
        ▪ Will lead a day-long workshop at the Pacific Central District assembly on November 5 on “The Care of Difficult People”
        ▪ Declined to offer a free workshop at the Oakland church
  o Pastoral
    ▪ Completed formal handling congregation’s pastoral care during parish minister’s sabbatical
    ▪ Led Pastoral Associates monthly meetings
    ▪ Continue to work with Reaching Across about 10 hours per week
    ▪ New Interfaith Depression and Sadness Support Group at Reaching Across underway. Plan to advertise among local ministers.
    ▪ Investigated pastoral care in times of crisis to Tri-Cities Ministerial Association
    ▪ Helping to get enhanced hearing devices for MPUUC
  o Social Justice
    ▪ MPUUC Mental Health Task Force continues
    ▪ Participation in “Not in Fremont” continues
    ▪ Letter to the Editor of Argus printed October 1, 2005
    ▪ Write letters to legislators urging passage of Freedom to Marry bill
  o Priestly
    ▪ Assisted with worship service on September 4
    ▪ Attended worship associates meeting to plan services through January 2006
    ▪ Planning to marry a couple in February. Pre-marital counseling initiated.
  o Collegial / Personal
    ▪ Participated in Starr King School for the Ministry orientation as the liaison from the UU Minister’s Association,
    ▪ Issued invitations and participated in a meeting between SKSM and local ministers
    ▪ Got an alumni library card for the GTU Library
Meetings with mentor Rev. David Sammons every 4-6 weeks
- Improvement in regular exercise routine
- Excellent check-ups on mental and physical health
- Planned a new weaving of a scene on Mt. Lassen
- Designed a mandala as a symbol of my ministry – based on Van Gogh’s Irises
- Books perused or read
  - *The Hebrew God: Portrait of an Ancient Deity* by Bernhard Lang
  - *Spiritual Marketplace; Baby Boomers and the Remaking of American Religion* by Wade Clark Roof
  - *We’re All Doing Time – A guide for getting free* by Bo Lozoff

**Upcoming activities**

- **Education**
  - Continue to work on publishing curriculum
  - Continue to work on train-the-trainers
  - Considering submitting a proposal to teach *Mental Health and Religion* as a summer school class in 2006 at the GTU

- **Pastoral**
  - Continue being chair of Pastoral Associates
  - Continue work at Reaching Across

- **Social Justice**
  - Attend some meetings of publicity committee of Alameda Co. Mental Health Board
  - Will meet with police sergeant Curt Codey about NAMI mental health training.
  - Alameda Co. Anti-Stigma presentation planned for Nov 7 to “Not in Fremont”

- **Priestly**
  - Will lead worship service on October 9 – on Wounded Healers
  - Will assist at the service on Christmas Eve
  - Will participate in a discussion after the service on January 8 – on The Future of Unitarian Universalism
  - Will lead worship service on February 19 on “The Care of Difficult People”

- **Collegial / Personal**
  - Complete Ministerial Fellowship Committee evaluation for my first year as minister
  - Keep learning to manage stress level, weight and exercise
  - Attending retreat for PCD UU ministers at St. Dorothy’s Rest in November

- **Development Plan**
  - Continuing education:
    - Reading books and journal articles
    - Take one or two classes a year. Possibilities:
      - *Advanced Issues in pastoral counseling*
      - *PSR Lecture Series*
      - *SKSM* class on Islam
      - *Managing a Non-Profit*
      - *Grant Writing*
    - Mental health seminars / conventions: Concentrate on state and local events
  - Long term:
    - Possible training as a Spiritual Director: Shalem Institute or Mercy Center
    - Possible D. Min. at Pacific School of Religion

**Closing**