Community Ministry Advisory Committee
For the Ministry of Rev. Barbara Meyers

December 2005

AGENDA
Committee Input Requested

• Brief status of ministry since last meeting
  o Education
    ▪ Caring Congregation
      • Train the Trainers was held on Nov 18-20 at Mt. Diablo UU church. 11 people from 4 churches attended. Received excellent evaluations. Will revise my curriculum based on feedback from trainees.
      • A grant of $3200 from The Fund for Unitarian Universalism to cover training expenses for my curriculum is was awarded by UUA!
      • Caring Congregation presentation will be made at GA 2006. $500 was awarded to cover expenses for Barbara and Peggy Rahman in making this presentation.
    ▪ Gave a 1-day workshop at District Leadership Day on November 5 on the subject of “The Care of Difficult People.” The class members were leaders in their own congregations and very good at picking up the implications of the topics we discussed. I revised my training packet based on this experience, and will give this in other venues in the future. The first such is at our congregation’s annual retreat on Feb 4.
  o Pastoral
    ▪ Led Pastoral Associates monthly meetings
    ▪ Continue to work with Reaching Across about 10 hours per week
    ▪ Visited a parishioner in the hospital several times before her death.
    ▪ Interfaith Depression and Sadness Support Group at Reaching Across continues. Several new members have joined and attendance has been 6 and 7 at the last 2 meetings. We are aiming for about 10 people in attendance with about 15-20 that are regular members. Brochures went to 6 Christian counseling centers in the Fremont area. Most new members came because of a feature article on Barbara’s ministry that was in the local newspaper. See http://www.mpuuc.org/mentalhealth/argus0914.html to read the article.
  o Social Justice
    ▪ MPUUC Mental Health Task Force continues
    ▪ Worked with Not In Fremont mental health sub-group to draft a 1-page description of a work effort to plan for more training for police officers in how to handle psychiatric emergencies. Will use this to recruit members for a planning team.
    ▪ Alameda Co. Anti-Stigma presentation made on Nov 14 to “Not in Fremont”
    ▪ Attended a presentation by two people who participated in the reenactment of Gandhi’s Salt March.
  o Priestly
    ▪ Attended monthly Committee on Ministry meeting
  o Collegial / Personal
    ▪ Completed Ministerial Fellowship Committee evaluation for my first year as minister. Have not yet heard about whether they approved me for another year, but my mentor tells me I have nothing to worry about.
• My daughter Carol and her long-time boyfriend became officially engaged!
• Had my yearly physical with excellent results
• My Mt. Lassen weaving is on the loom.

• Upcoming activities
  o Education
    ▪ Update curriculum based on feedback from trainers meeting.
    ▪ Plan for the activities involved in the Grant from the UUA
    ▪ Plan General Assembly presentation
    ▪ Plan to attend January 13-15 conference on Mental Health Clients in San Mateo
    ▪ Make a presentation on a Covenant of Right Relations at the congregation’s annual retreat on Feb 4.
  o Pastoral
    ▪ Continue being chair of Pastoral Associates
    ▪ Continue work at Reaching Across
  o Social Justice
    ▪ Will convene group to continue planning NAMI training with police
  o Priestly
    ▪ Will lead worship service on February 19 on “The Care of Difficult People”
    ▪ Will be guest minister at the Monterey church on Feb 19.
    ▪ Will be guest minister at the Aptos Fellowship on Feb 26.
  o Collegial / Personal
    ▪ Keep learning to manage stress level, weight and exercise
  o Development Plan
    ▪ Continuing education:
      • Reading books and journal articles
      • Take one or two classes a year.
      • Mental health seminars / conventions: Concentrate on state and local events
    ▪ Long term:
      • Possible training as a Spiritual Director: Shalem Institute or Mercy Center
      • Possible D. Min. at Pacific School of Religion