

Community Ministry Advisory Committee

For the Ministry of Rev. Barbara Meyers

December 2005

AGENDA

Committee Input Requested

- **Brief status of ministry since last meeting**
 - **Education**
 - *Caring Congregation*
 - Train the Trainers was held on Nov 18-20 at Mt. Diablo UU church. 11 people from 4 churches attended. Received excellent evaluations. Will revise my curriculum based on feedback from trainees.
 - A grant of \$3200 from The Fund for Unitarian Universalism to cover training expenses for my curriculum is was awarded by UUA!
 - *Caring Congregation* presentation will be made at GA 2006. \$500 was awarded to cover expenses for Barbara and Peggy Rahman in making this presentation.
 - Gave a 1-day workshop at District Leadership Day on November 5 on the subject of “The Care of Difficult People.” The class members were leaders in their own congregations and very good at picking up the implications of the topics we discussed. I revised my training packet based on this experience, and will give this in other venues in the future. The first such is at our congregation’s annual retreat on Feb 4.
 - **Pastoral**
 - Led Pastoral Associates monthly meetings
 - Continue to work with Reaching Across about 10 hours per week
 - Visited a parishioner in the hospital several times before her death.
 - Interfaith Depression and Sadness Support Group at Reaching Across continues. Several new members have joined and attendance has been 6 and 7 at the last 2 meetings. We are aiming for about 10 people in attendance with about 15-20 that are regular members. Brochures went to 6 Christian counseling centers in the Fremont area. Most new members came because of a feature article on Barbara’s ministry that was in the local newspaper. See <http://www.mpuuc.org/mentalhealth/argus0914.html> to read the article.
 - **Social Justice**
 - MPUUC Mental Health Task Force continues
 - Worked with *Not In Fremont* mental health sub-group to draft a 1-page description of a work effort to plan for more training for police officers in how to handle psychiatric emergencies. Will use this to recruit members for a planning team.
 - Alameda Co. Anti-Stigma presentation made on Nov 14 to “Not in Fremont”
 - Attended a presentation by two people who participated in the reenactment of Gandhi’s Salt March.
 - **Priestly**
 - Attended monthly Committee on Ministry meeting
 - **Collegial / Personal**
 - Completed Ministerial Fellowship Committee evaluation for my first year as minister. Have not yet heard about whether they approved me for another year, but my mentor tells me I have nothing to worry about.

- My daughter Carol and her long-time boyfriend became officially engaged!
 - Had my yearly physical with excellent results
 - My Mt. Lassen weaving is on the loom.
- **Upcoming activities**
 - **Education**
 - Update curriculum based on feedback from trainers meeting.
 - Plan for the activities involved in the Grant from the UUA
 - Plan General Assembly presentation
 - Plan to attend January 13-15 conference on Mental Health Clients in San Mateo
 - Make a presentation on a Covenant of Right Relations at the congregation's annual retreat on Feb 4.
 - **Pastoral**
 - Continue being chair of Pastoral Associates
 - Continue work at Reaching Across
 - **Social Justice**
 - Will convene group to continue planning NAMI training with police
 - **Priestly**
 - Will lead worship service on February 19 on "The Care of Difficult People"
 - Will be guest minister at the Monterey church on Feb 19.
 - Will be guest minister at the Aptos Fellowship on Feb 26.
 - **Collegial / Personal**
 - Keep learning to manage stress level, weight and exercise
 - **Development Plan**
 - Continuing education:
 - Reading books and journal articles
 - Take one or two classes a year.
 - Mental health seminars / conventions: Concentrate on state and local events
 - Long term:
 - Possible training as a Spiritual Director: Shalem Institute or Mercy Center
 - Possible D. Min. at Pacific School of Religion