WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Cultivating Resilience: Finding our Spiritual Hardiness

Worship Leader: Shawn Snavley
Worship Associate: Katherine Alm

Worship Host: Graham Bell
Music: Peak Rocks

Sunday, August 16, 2020 10:00 AM

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing Growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, August 16, 2020 10-11:15 a.m.

Centering Thought

"I can be changed by what happens to me. But I refuse to be reduced by it." –Maya Angelou

Welcome DeAnna Alm

Welcome Song I'm Still Standing — Peak Rocks
By Elton John and Bernie Taupin — Lead Vocals – Mark Kahn

Invocation Shawn Snavley

Opening Hymn I Hope You Dance — Peak Rocks
By: Mark D. Sanders and Tia Sillers — Lead Vocals – David Lefkort

Unison Chalice Lighting Katherine Alm

We light this chalice…To remind ourselves to treat all people kindly,
because we are all one family;
To take good care of the Earth, because it is our home;
To live lives full of goodness and love,
because that is how we will become the best people we can be.

Time for all Ages "What the Rainbow Really Means" Katherine Alm

Practice of Generosity (Offering)
Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation
  P.O. Box 545 Fremont, CA 94537-0545
  (If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check or cash in Mission Peak UU mail slot addressed to:
  Mission Peak Unitarian Universalist Congregation
  We will be collecting this once per week.
- Pay on line at https://mpuuc.org/contact-us/donate/ with credit or debit card.
- Note we use PayPal for this and they charge us around 3%.

Joys and Concerns
Introduction – Shawn Snavley
Song of Reflection — Refuge — Jeff & Maya Bohnhoff
By: Jeff and Maya Bohnhoff — Lead Vocals – Maya Bohnhoff
Reading of Shared Joys & Concerns – Katherine Alm

Black Lives Matter Banner Dedication Rev. Jo Green, Rev. Greg Ward, Donna Potter, Ingrid O'Brien Avery, and Bekah Troxler D'hand

Interlude	Eye of the Tiger By: Frankie Sullivan and Jim Peterik	Peak Rocks Lead Vocals – David Lefkort
Message	Bending without Breaking	Shawn Snavley
Closing Hymn	Don't Stop By: Christine McVie	Peak Rocks Lead Vocals – Mark Kahn
Extinguishing the Chalice	#456	Katherine Alm

We extinguish this flame but not the light of truth,
the warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again.

Benediction Shawn Snavley

Next Week's Service: August 23 – "What Should I Do?"
Knuti VanHoven will lead the service and assisting will be Worship Associate Paul K. Davis. Worship Host will be Drew Wilson. Jo Ann Schriner, Knuti VanHoven, Shauna Pickett-Gordon and Peak Performers will provide our music.

A Somewhat Lighthearted Guide to Decision Making when You're Pretty Clueless by Knuti VanHoven

With Advice from Great Minds of the World including
Moses, Jesus, Rogers and Hammerstein and Google.

Go to mpuuc.org/zoom for order of service and how to connect for all services

Peak Rocks is:

Jeff Bohnhoff – Lead, rhythm, electric & acoustic guitars; electronic drums & other synthesized orchestration, master sound engineer

Mark Kahn – Piano, keyboards/organ, synthesizer, vocals

Stephen Longfield – Bass guitar (absent this month)

David Lefkort – Vocals, harmonica, hand drums, any percussion other than a drum kit (& occasional trombone)

Announcements:

Adult Education Fall 2020 - The Adult Education Committee is pleased to announce Its course offerings for the 2020 Fall Quarter. All classes will be offered on Zoom, and links will be sent to registered students prior to the beginning of the class. To sign up for a class, please email Linda Messia at lmessia@yahoo.com. Class brochure is on MPUUC's website.

Ministerial Support for August - If you are in need of emergency pastoral care between now and August 31st, please contact Rev. Barbara Meyers. Her email and phone number are listed in the directory, which is in the members-only section of our website.