### WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



# The Science of Generosity

Worship Leader: Noreen Cooper Heavlin Worship Associate: Allysson McDonald Worship Host: Drew Wilson Music: Jo Ann Schriner, Bekah Troxler D'hand

### Sunday, August 9, 2020 10:00 AM

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to <u>welcome@mpuuc.org</u>. We request your name, email, phone number and address. We'd be happy to answer any questions.

#### Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing Growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

# Order of Service

### Sunday, August 9, 2020 10-11:15 a.m.

### **Centering Thought**

"It is the heart that does the giving; the fingers only let go." Nigerian proverb

Welcome		Eric Ryan		
Welcome Song	"Wind Beneath My Wings" By Larry Henley and Jeff Silbar	Bekah Troxler D'hand, vocalist Jo Ann Schriner, piano		
Invocation		Allysson McDonald		
Opening Hymn	#95 There Is More Love Somewhere	Bekah and Jo Ann		
Unison Chalice LightingAllysson McDonaldWe light this chaliceTo remind ourselves to treat all people kindly, because we are all one family; To take good care of the Earth, because it is our home; To live lives full of goodness and love, because that is how we will become the best people we can be.				
Time for all Ages	"The Gift of the Geese" Author Unknown, adapted Tom Devine	Allysson McDonald		
<ul> <li>Practice of Generosity (Offering) Katherine Rubie</li> <li>Here's how to donate to the Sandwich Squad:</li> <li>Please donate generously if you are able, in one of these ways: <ul> <li>Write a check to Mission Peak Unitarian Universalist Congregation "Sandwich Squad" in the memo line and mail to</li> <li>P.O. Box 545 Fremont, CA 94537-0545</li> <li>(If you use Bill Pay with your bank, you could use them to mail the check) If you are making a pledge, please indicate "pledge" on the memo line.</li> <li>Drop envelope envelope with check (with Sandwich Squad on the memo line) or cash (with a note stating "For Sandwich Squad") in Mission Peak UU mail slot addressed to Mission Peak Unitarian Universalists Congregation</li> <li>We will be collecting this once per week.</li> <li>Pay on line at https://mpuuc.org/contact-us/donate/ with credit or debit card. Choose "Special" as the donation type. Please state "For Sandwich Squad" in the message. Note we use PayPal for this and they charge us around 3%.</li> </ul> </li> </ul>				
Joys and Concerns Pr	elude Op 28 No 4 by Chopin, pianist Jo A	Ann		

Reading of Shared Joys & Concerns

Allysson McDonald

Prayer, Reflection, Meditation		Allysson McDonald
Hymn	#1009 Meditation on Breathing	Singers from MPUUC and UU Coastside Jo Ann, piano
Message	The Science of Generosity	Noreen Cooper Heavlin
Meditation on Breathing reprise Jo A		
Hymn of Reflection	#124 Be That Guide	Bekah, Jo Ann and Drew Wilson
Extinguishing the Chali	lice #456 Allysson McDonald We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	
Closing Words	"In the end it won't matter" By John Morgan	Noreen Cooper Heavlin

Next Week's Service: August 16 – "Cultivating Resilience: Finding our Spiritual Hardiness" Shawn Snavley will lead the service and assisting will be Worship Associate Katherine Alm. Worship Host will be Graham Bell. Peak Rocks will provide our music.

Some say we learn the most about ourselves in the midst of difficult times because this is when we find our source of strength. What keeps you going when everything seems to be falling apart? Join me as we explore ways to cultivate our own resilience through spiritual practices..

Go to mpuuc.org/zoom for order of service and how to connect for all services.

#### Announcements:

August Justice Council Meeting - The MPUUC Justice Council will meet via Zoom on Tuesday, August 11, at 7:30pm. Please contact Allysson McDonald for the Zoom link if you'd like to attend.

August Operations and Personnel Council Meeting - The MPUUC Operations and Personnel Council will meet via Zoom on Tuesday, August 11, at 7:00pm. Please contact Steve Wallcave for the Zoom link if you'd like to attend.

Adult Education Fall 2020 - The Adult Education Committee is pleased to announce Its course offerings for the 2020 Fall Quarter. All classes will be offered on Zoom, and links will be sent to registered students prior to the beginning of the class. To sign up fora class, please email Linda Messia at <u>Imessia@yahoo.com</u>. Class brochure is on MPUUC's website.

**Ministerial Support for August -** If you are in need of emergency pastoral care between now and August 31st, please contact Rev. Barbara Meyers. Her email and phone number are listed in the directory, which is in the members-only section of our website.