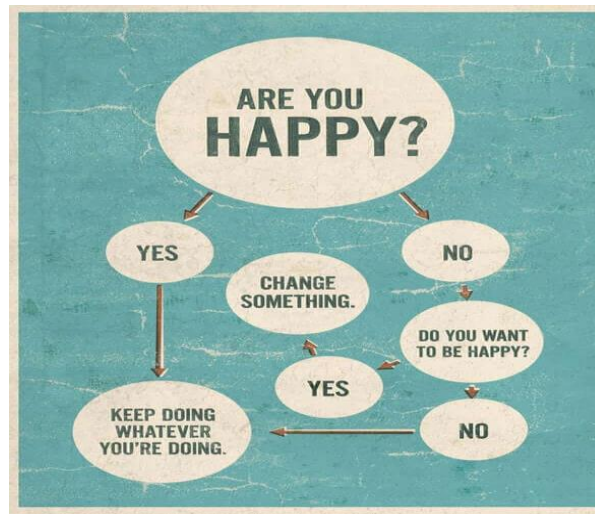


## WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



### Finding Happiness

**Worship Leader:** Rev. Greg Ward  
**Worship Associate:** Drew Wilson

**Worship Host:** Graham Bell  
**Music:** Peak Rocks

**Sunday, March 21, 2021 10:00 AM**  
**Service theme for the month: Re-Dedication**

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to [welcome@mpuuc.org](mailto:welcome@mpuuc.org). We request your name, email, phone number and address. We'd be happy to answer any questions.

#### ***Our Mission Statement:***

*The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.*

#### **We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:**

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

# Order of Service

Sunday, March 21, 2021 10-11:15 a.m.

## Centering Thought

*Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened.  
Happiness never decreases by being shared. — Buddha*

*Happiness is when what you think, what you say, and what you do are in harmony. — Mahatma Gandhi*

*When one door of happiness closes, another opens; but often we look so long at the closed door that we do not  
see the one which has opened for us. — Helen Keller*

## Prelude

**Bell** Rev. Greg Ward

**Call To Worship** Drew Wilson

**Welcome** Annette Breingan

**Testimonial / Pulpitorial** Melissa Holmes

**Welcome Song** "Lean on Me" Peak Rocks (Lead vocal: David Lefkort)  
Bill Withers

**Unison Chalice Lighting** Drew Wilson

We light this chalice...To remind ourselves to treat all people kindly,  
because we are all one family;  
To take good care of the Earth, because it is our home;  
To live lives full of goodness and love,  
because that is how we will become the best people we can be.

**Time for all Ages** 500 Balloons - A Lesson in Finding Your Happiness Rev. Greg Ward

**Practice of Generosity (Offering)** Drew Wilson

**Please donate generously if you are able, in one of these ways:**

- Mail check to Mission Peak Unitarian Universalist Congregation  
P.O. Box 545 Fremont, CA 94537-0545  
(If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check or cash in Mission Peak UU mail slot addressed to:  
Mission Peak Unitarian Universalist Congregation  
We will be collecting this once per week.
- Pay on line at <https://mpuuc.org/contact-us/donate/> with credit or debit card  
Note we use PayPal for this and they charge us around 3%.

## Joys and Concerns

Introduction – Rev. Greg Ward

Song of Reflection "Shiny Happy People" Peak Rocks  
R.E.M. (Lead vocals: Mark Kahn and Maya Bohnhoff)

Reading of Shared Joys & Concerns – Rev. Greg Ward

**Reading** Excerpt from “Undrowned - Black Feminist Lessons from Marine Mammals” Rev. Greg Ward  
Alexis Pauline Gumbs

**Music** Make Someone Happy Peak Rocks (Lead vocal: David Lefkort)  
Jule Styne, Betty Comden & Adolph Green

**Message** Finding Happiness Rev. Greg Ward

**Going Deeper**

**Closing Hymn** Gotta Serve Somebody Peak Rocks (Lead vocal: Paul Kwinn)  
Bob Dylan

**Extinguishing the Chalice** #456 Drew Wilson  
We extinguish this flame but not the light of truth,  
the warmth of community, or the fire of commitment.  
These we carry in our hearts until we are together again.

**Benediction** Rev. Greg Ward

**Postlude** "Always Look on the Bright Side of Life" Peak Rocks (Lead vocal: Paul Kwinn)  
Eric Idle

**Next Week's Service: March 28 – "A Life Less Ordinary"**

Rev. Greg Ward will lead the service and assisting will be Worship Associate Mark Rahman. Worship Host will be Steve Wallcave. Jo Ann Schriener will provide our music.

The greatest of epiphanies provide something amazing - something we couldn't imagine. But they also take from us something we thought we would always have... something we couldn't live without. The greatest periods of growth always come when we are ready to stop holding so tightly to 'what is,' long enough for 'what can be' to slip in and take root. It is a adventurous and visionary to let go of the ordinary and be willing to live a life less ordinary.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

**Peak Rocks is:**

**Jeff Bohnhoff** – *Lead, rhythm, electric & acoustic guitars; electronic drums & other synthesized orchestration, master sound engineer*

**Mark Kahn** – *Piano, keyboards/organ, synthesizer, vocals*

**Stephen Longfield** – *Bass guitar*

**David Lefkort** – *Vocals, harmonica, hand drums, any percussion other than a drum kit (& occasional trombone)*

**Maya Bohnhoff** - *Vocals*

**Paul Kwinn** - *Acoustic guitar, Vocals (a PR original member returns remotely from Washington State!)*

**Beckett Gladney** - *Harmonica (guest on "Gotta Serve...", also remote from WA)*

**Announcements:**

**We will be voting on two covenants on April 18<sup>th</sup>.** Please read Rev. Greg's article about them at the beginning of [This Week on the Peak](https://mpuuc.org/wp-content/uploads/2021/03/March-17-2021-This-Week-on-the-Peak.pdf) at <https://mpuuc.org/wp-content/uploads/2021/03/March-17-2021-This-Week-on-the-Peak.pdf>

**Mission Peak UU will be jointly ordaining Robert Alex Jensen on June 6<sup>th</sup>.** For more information read [This Week on the Peak](#).

**In search of mental health family support or peer support resources in the larger Tri-City area?** Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email [com\\_minister@mpuuc.org](mailto:com_minister@mpuuc.org), or call 510-796-5722.