WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Dancing Badly

Worship Leader: Rev. Greg Ward
Worship Associate: Mark Rahman

Worship Host: Erik Alm
Music : UUCC Singers, Knuti VanHoven, Jo Ann Schriner

Sunday, May 23, 2021 10:00 AM
Service theme for the month: Promises

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, May 23, 2021 10-11:15 a.m.

Centering Thought

"Nobody cares if you can't dance well. Just get up and dance. Great dancers are great because of their passion."
Martha Graham

"Dancing is a perpendicular expression of a horizontal desire." *George Bernard Shaw*

"To dance is to be out of yourself. Larger, more beautiful, more powerful… This is power, it is glory on earth and it is yours for the taking" *Agnes De Mille*

"The job of feets is walking, but their hobby is dancing." *Amit Kalantri*

Prelude

Dancing I Video - 2006 Sponsored by Stride Gum — Matt Harding

Bell — Rev. Greg Ward

Call To Worship — Mark Rahman

Welcome — Jay Steele

Welcome Song #1018 Come and Go With Me African American Spiritual — UUCC Singers, Tom Devine pianist

Unison Chalice Lighting — Mark Rahman

We light this chalice…To remind ourselves to treat all people kindly,
because we are all one family;
To take good care of the Earth, because it is our home;
To live lives full of goodness and love,
because that is how we will become the best people we can be.

Time for all Ages Dancing II - 2008 Sponsored by Stride Gum — Matt Harding

Practice of Generosity (Offering) — Mark Rahman

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation
  P.O. Box 545 Fremont, CA 94537-0545
  (If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check or cash in Mission Peak UU mail slot addressed to:
  Mission Peak Unitarian Universalist Congregation
  We will be collecting this once per week.
- Pay on line at https://mpuuc.org/contact-us/donate/ with credit or debit card
  Note we use PayPal for this and they charge us around 3%.

Joys and Concerns
Introduction – Mark Rahman

Song of Reflection	Invitation to the Dance Carl Maria vonWeber	Jo Ann Schriner

Reading of Shared Joys & Concerns – Rev. Greg Ward

Reflection	Dancing III - 2012 Self Sponsored	Matt Harding
Music	Doin' the Pigeon Joe Raposo	Kntui VanHoven, Jo Ann Schriner
Message	Dancing Badly	Rev. Greg Ward
Going Deeper		
Closing Hymn	#1024 When the Spirit Says Do African American Spiritual	Knuti VanHoven
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Mark Rahman
Benediction	Dancing IV - 2016 Self Sponsored	Matt Harding

Next Week's Service: May 30 – "Tolling of the Bells"
Rev. Greg Ward will lead the service and assisting will be Worship Associate Rev. Barbara F. Meyers. Worship Host will be Graham Bell. .Jay and Jessica Steele will provide our music.

It is important to set aside time to remember and honor the important figures who have died in service of the world. We will take time to recognize and remember those from MPUUC who we've lost, those in the greater UU World, those in the world at large and all those who've been taken by the tragedy of this pandemic.

Go to https://mpuuc.org/zoom/ for order of service and how to connect for all service

Announcements:

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email com_minister@mpuuc.org, or call 510-796-5722.