#### Enlightenment Peace Joy Love Reason Acceptance /illingne: POWER Neutrality Courage Pride FORCE Anger Desire Fear Grief Apathy Guilt Shame

**Power Vs. Force** 

Worship Leader: Rev. Greg Ward Worship Associate: Calista Ames Worship Host: Graham Bell Music: Peak Performers

## Sunday, November 7, 2021 10:00 AM Service theme for the month: Family

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to <a href="mailto:welcome@mpuuc.org">welcome@mpuuc.org</a>. We request your name, email, phone number and address. We'd be happy to answer any questions.

### **Our Mission Statement:**

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

### We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

### WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION

# Order of Service

## Sunday, November 7, 2021 10-11:15 a.m.

## **Centering Thought**

"The only way to enhance one's power in the world is by increasing one's integrity, understanding, and capacity for compassion."

— David R. Hawkins, Power vs. Force

"Power serves others, whereas force is self-serving. True statesmen serve the people; politicians exploit people to serve their own ambitions. Statesmen sacrifice themselves to serve others; politicians sacrifice others to serve themselves."

Prelude	— David R. H	lawkins, Power vs. Force
Bell		Rev. Greg Ward
Call To Worsh	ip	Calista Ames
Welcome		DeAnna Alm
Welcome Son	g # 112 Do You Hear	Peak Performers and Everyone
	<b>E Lighting</b> We light this chaliceTo remind ourselves to treat all people kindly, because we are all one family; To take good care of the Earth, because it is our home; To live lives full of goodness and love, because that is how we will become the best people we can be.	Calista Ames
Time for all Ag	Lessons from Churchill	Rev. Greg Ward
Please donate • •	nerosity (Offering) generously if you are able, in one of these ways: Mail check to Mission Peak Unitarian Universalist Congregation P.O. Box 545 Fremont, CA 94537-0545 (If you use Bill Pay with your bank, you could use them to mail the check) Drop envelope with check or cash in Mission Peak UU mail slot addressed t Mission Peak Unitarian Universalist Congregation We will be collecting this once per week. Pay on line at https://mpuuc.org/contact-us/donate/ with credit or debit car Note we use PayPal for this and they charge us around 3%.	

Joys and Concerns

Introduction – Rev. Greg Ward

Song of Reflection	"I Dream a World" ords: Langston Hughes, music: André J. Thomas	Peak Performers		
Reading of Shared Joys & Concerns – Rev. Greg Ward				
Reflection		Rev. Greg Ward		
Music	"The Road Home" Stephen Paulus	Peak Performers		
Message	Power vs. Force	Rev. Greg Ward		
Going Deeper				
Closing Hymn	# 1008 When Our Heart Is in a Holy Place	Peak Performers and Everyone		
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Calista Ames		
Benediction		Rev. Greg Ward		
Next Week's Service: November 14 – "Where the Light Gets in"				

Rev. Greg Ward will lead the service and assisting will be Worship Associate Paul K. Davis. Worship Host will be Steve Wallcave. Jay and Jessica Steele will provide our music.

Family - which is the origin of our work to forge a workable self-image - is, ideally, loving, and supportive. Unfortunately, few of us live, exclusively, in an ideal world. So, it is rare that any of us escapes the entirety of our upbringing without a few cracks and chips in our self-image. Some of us recognize - sometimes years later - that part of our ego or self-image was bent or cracked in places. Often we inherit these imperfections from our caregivers who attempt to love us through their own imperfections. Our challenge is to recognize the blessings of these imperfections.

Go to <a href="https://mpuuc.org/zoom/">https://mpuuc.org/zoom/</a> for order of service and how to connect for all services

### Announcements:

### Safety for those attending service in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. Because it is becoming apparent that vaccinated people can still spread the disease to others, we strongly encourage those in contact with children, and unvaccinated or immunocompromised adults to attend services outside or via Zoom. We allow worship leaders, associates, and other service participants to be unmasked while speaking if they voluntarily disclose they are vaccinated and are 10ft apart from others who are not fully vaccinated.

The board Safety Policy on how we allow services in Cole Hall is in the "<u>About->Congregational Documents</u>" section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the "<u>About->Congregational Documents</u>" section of the website. The <u>outdoor event guidelines in section 18.2</u> will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

**In search of mental health family support or peer support resources in the larger Tri-City area?** Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email <u>com\_minister@mpuuc.org</u>, or call 510-796-5722.