

# This Week on the Peak



## Mission Peak UU - Fremont, CA The Home of Liberal Religion in the Tri-Cities and Beyond! January 26, 2022

Greetings!

I am Annette Breingan and I am currently serving as secretary on the board. My husband Ty and I have been members of Mission Peak UU for about 25 years. We originally came to find religious education for our daughters but have stayed for ourselves. I have found Sunday services to be an oasis of thoughtfulness in an otherwise busy week and I cherish that along with the community.



Over the years I have volunteered in many different positions at MPUUC. It began with Children's RE, as a teacher and then as chair of the Lifespan Learning committee, as it was then called. As my children aged out of RE, I moved into other things. I have been on the Membership committee for over 15 years and have served as its chair for multiple years. This is my third stint on the board and I have served on two ministerial search committees along with a myriad of different task forces. And of course, I have helped with activities such as the service auction and others.

Why do I volunteer? For starters, the only people who can make things happen at Mission Peak are its members. Beyond that, it has been a way to see that things that matter to me are supported. And finally, it is a great way to get to know other MPUUC folks better. It's fun to work together with such talented interesting people and to make something happen.

So, think about what matters to you at MPUUC and what you like to do. Don't be afraid to try something new. There are volunteer opportunities for everyone and together, we can make things happen.

Annette Breingan

---

## This Sunday's

## Service:

**We have transitioned to hybrid services. See [mpuuc.org/zoom](https://mpuuc.org/zoom) each week for how to attend services.**



## The Secret Behind Real (and Not-So-Secret) Superpowers

Power is such an interesting thing. We all want it. We all need it. And, if we're honest, most of us prefer to keep what limited power we do wield something of a secret. In this service, we'll explore, 'Dragon Psychology 101,' hoarding and how power has been typically used throughout history. As well as how it is needed today.

Rev. Greg Ward will lead the service and assisting will be Worship Associate Beth Schaefer. Worship Host will be Steve Wallcave. Peak Rocks will provide our music.

The service on January 30th is about 'Secret Powers'. In a world where challenges abound, we could use all the superheroes we can get. What Secret Power do think we have, or we could use? [Click here](#) to see what we have and add your own.

**Whether you are attending services in Cole Hall or remotely you can donate money and/or fulfill your pledge in the 3 ways shown below:**

Mail check to

Mission Peak Unitarian Universalist Congregation  
P.O. Box 545  
Fremont, CA 94537-0545  
(If you use Bill Pay with your bank, you could use them to mail the check)

Drop envelope with check or cash in Mission Peak UU mail slot addressed to:  
Mission Peak Unitarian Universalist Congregation  
We will be collecting this once per week.

Pay on line at <https://mpuuc.org/contact-us/donate/> with credit or debit card.  
Note we use PayPal for this and they charge us around 3%.

**If you are attending services in Cole Hall we will provide envelopes so you can donate money by placing checks or cash in the office mail slot.**

## Reminder Return Guest At Your Table Checks

Fellow MPUUC Members,

Our opportunity to join and SUPPORT the UNITARIAN UNIVERSALIST SERVICE COMMITTEE (UUSC) is ending this Sunday. Thank you so much to those that have already sent in their collection. You will have one more opportunity to send in a check of what you have collected by this Sunday, January 30..



---

## Safety Policy for Hybrid Services in Cole Hall

Because of the large surge from Omicron, attending in-person services at Cole Hall is an inherently risky activity, both for the attendees and for the people they have contact with throughout the week. If you are OK with that risk we welcome you. We are blessed to be able to offer an excellent virtual worship experience, and encourage anyone concerned about COVID-19 risk to take advantage of that.

We provide three ways to attend the service — via Zoom, sitting inside Cole Hall, or sitting on the patio outside Cole Hall. Our worship leaders will either be inside Cole Hall or use Zoom to connect to the service in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. **We encourage people to wear N95 (or equivalent) or surgical masks which are more effective than cloth masks. We encourage people to only come inside Cole Hall if recently vaccinated or boosted.** Because it is apparent that vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

### Where to get Masks:

Cloth masks offer significantly less protection than surgical, N95, and KN95 masks. Now that these masks are widely available, the Covid-19 response team strongly recommends acquiring and using masks with higher levels of protection. Below are two sources of quality masks:

<https://bonafidemasks.com/powecom-kn95/> - KN95 has ear loops, from US distributor  
<https://shop.projectn95.org/> - Many different choices of N95 and KN95 masks

Contact Steve Wallcave with any questions about our [Covid-19 safety policies](#).

---

Greetings All!

I am Valerie Stewart, your 2022 Canvass Chair. This photo was taken when several of us stood for Love and Justice at an Immigration rights rally in Fremont- before Covid. Being “in-community” is a great benefit of being part of the Mission Peak Congregation. This year for Canvass (in March) we’ll organize small group meetings (mostly virtually) like our Dessert parties in past years. Being together makes it more possible to be in Beloved Community. We have a great Team of volunteers for Canvass, who will organize these virtual meetings. We invite folks to join us as a “Host” for the meetings. If you are interested, please contact me to learn more at [Canvass@mpuuc.org](mailto:Canvass@mpuuc.org)



COMMUNITY

We want to hear your voices! There is a congregational conversation scheduled for immediately after the service on **January 30th** (about congregational leadership). These will be in hybrid format, so you can participate in person or via Zoom. Please plan to stay, to listen, and to add to the conversation.

---

## Midweek Discussion Group

The Minister's Midweek Discussion Group meets on Thursdays at 10:00 a.m. This week's discussion will be about leadership and power. What is the power that we need as individuals? What's the power that our communities need for health and wellness? How do we lead toward developing and sharing power? The link to the conversation can be found if you [Press here](#). Next week's discussion will be on power and social hierarchy – who has the power? How did they get it? Who do they empower and who do they disempower and how?

---

## Supporting Project HomeKey

In keeping with our UU principles, especially the first and second, the Board of Mission Peak Unitarian Universalist Congregation voted unanimously to contact Fremont's City Council last week to express support for the proposal to apply for Project HomeKey funds to purchase a Motel 6 in Warm Springs for conversion to permanent supportive housing. Our members Katherine Rubie and Valerie Stewart also attended that City Council meeting in order to express support, and Katherine was able to speak during the public address period. The Fremont City Council voted unanimously to apply for the funds. As long as they submit their proposal before January 31st, they may be eligible for an additional \$1.5 million in funds.



Thanks to Allysson McDonald for making the Board aware of the issue, providing us with background information, making the official motion, AND drafting the letter that was sent! Gratitude also to Katherine and Valerie for their parts in representing UU values in action.

---

## HELP US MAKE OWL SEX EDUCATION HAPPEN

Our CaYRE committee is working hard to offer Our Whole Lives Comprehensive Sex Education a priority this Spring but we are in desperate need of participants to make that happen! Please help us outreach to other communities and families who may be interested in having their 7<sup>th</sup>-9<sup>th</sup> grade youth participate in our program on Sunday afternoons this Spring. Please share the following website with anyone who may be interested <https://mpuuc.org/owl/> You can also direct anyone with questions to our DRE by email at [dre@mpuuc.org](mailto:dre@mpuuc.org)

---

## JUSTICE CORNER

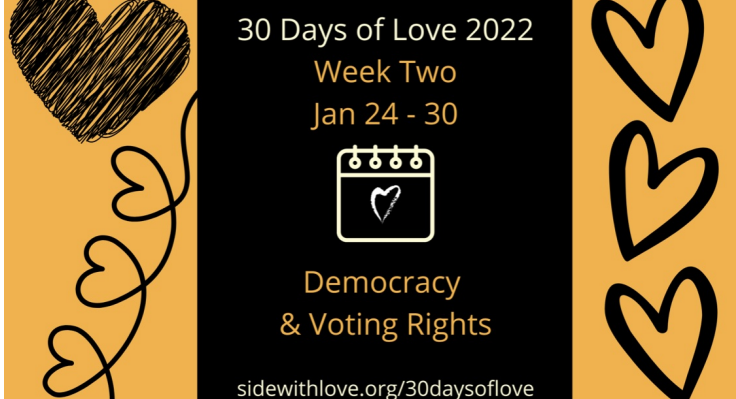
Join us for [Week Two of 30 Days of Love](#). From January 24-30 we are focusing on Democracy & Voting Rights. This week's offerings include multigenerational resources, healing meditations, political



education, and collective action to support our community in our democracy and electoral work.

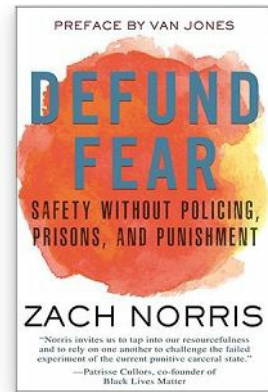
Our live events this week include:

- Action: [Phonebank for Voting Rights](#) on January 30.
- Political Education: January 27: Webinar: [Building Power and Democracy](#).
- Worship: January 28: [Friday Songs of Joy](#)



## UUA Common Read 2022

The book chosen by the UUA for the 2022 Common Read is *Defund Fear* by Zach Norris. Group discussion of the book will start in February. You can buy the book from the UUA Online Bookstore, Books on B (a local independently owned bookstore in Hayward), The Collective Oakland or Marcus Books (independent black owned bookstores in Oakland), or Amazon. More details about our group discussions of the book will be forthcoming. If you have any questions, please contact Jen King.



## Anti-Racism Anti-Oppression Committee (ARO) Recommendations

Thursday, January 27 • 5:00 – 6:00 pm

Friday, January 28 • 12:00 – 1:00 pm

[SURJ Action Hours](#)

Want to take tangible steps to end racial injustice and white supremacy? Join us for our first Action Hours of 2022! This is one way to truly *Show Up for Racial Justice* and it's just an hour a week. We meet over Zoom to take concrete steps together: calling elected officials, signing petitions, etc. There are two times each week to choose from—[sign up here](#).

We'd love to have you! Closed captioning will be available in the main room of Action Hour calls.



## 8th Principle Learning

### [CodeSwitch Podcast](#)

What's CODE SWITCH? It's the fearless conversations about race that you've been waiting for! Hosted by journalists of color, our podcast tackles the subject of race head-on. We explore how it impacts every part of society — from politics and pop culture to history, sports and everything in between. This

podcast makes ALL OF US part of the conversation — because we're all part of the story.



## Board Briefs

The board met on Wednesday, January 12 and:

- Discussed the Committee on Ministry's report on the state of the congregation
- Discussed plans for this year's canvass
- Approved funds to buy KN95 masks for Cole Hall
- Approved the updated COVID safety policy
- Discussed possible uses for remaining PPP funds
- Discussed plans for Congregational conversations
- Discussed and approved a revised charter for tCe Committee on Ministry



The next board meeting is on Wednesday, February 9 at 7 p.m. For complete board minutes or other board info go to the Members Only section of our web site at [mpuuc.org/about-us/members-only](https://mpuuc.org/about-us/members-only)

For more details about meetings or questions email [president@mpuuc.org](mailto:president@mpuuc.org)

## Tri-City Interfaith Council's World Interfaith Harmony Day

Join us on Zoom to celebrate our diversity in harmony -

Saturday February 5, 2021  
7pm-8:30pm  
Register for Zoom link

### World Interfaith Harmony Day Building Bridges

Saturday February 5, 2021  
7pm-8:30pm  
Register for Zoom link

[https://us02web.zoom.us/join/register/tZMlc-ihpzloHNC\\_4NMEMw8mAeMx8b0zJt-l](https://us02web.zoom.us/join/register/tZMlc-ihpzloHNC_4NMEMw8mAeMx8b0zJt-l)

In 2010 the United Nations established "World Interfaith Harmony Week" as a way to promote harmony between all people regardless of their faith.

#### Religion and Pluralism

We live in a multi-religious society and world, yet people of different faiths are too often marginalized, excluded, and even attacked for their beliefs, appearances, and identities.

How can religion serve to foster interfaith harmony, peace, and fellowship? How can we begin to see ourselves in people of other faiths, while also recognizing that they have their own unique perspectives and challenges?

Explore these questions with an interfaith panel of Bahai, Buddhist, Christian, Hindu, Jewish, Muslim, and Sikh speakers.



Tri-City Interfaith Council  
Islamic Networks Group  
Compassionate Fremont  
Fremont Human Relations Commission  
Union City Human Relations Commission  
Alameda County Human Relations Commission

[https://us02web.zoom.us/meeting/register/tZMlc-ihpzloHNC\\_4NMEMw8mAeMx8b0zJt-l](https://us02web.zoom.us/meeting/register/tZMlc-ihpzloHNC_4NMEMw8mAeMx8b0zJt-l)

In 2010 the United Nations established "World Interfaith Harmony Week" as a way to promote harmony between all people regardless of their faith.

## Religion and Pluralism

We live in a multi-religious society and world, yet people of different faiths are too often marginalized, excluded, and even attacked for their beliefs, appearances, and identities.

How can religion serve to foster interfaith harmony, peace, and fellowship? How can we begin to see ourselves in people of other faiths, while also recognizing that they have their own unique perspectives and challenges?

Explore these questions with an interfaith panel of Bahai, Buddhist, Christian, Hindu, Jewish, Muslim, and Sikh speakers.

Click [here](#) for flyer.

---

## Afghan Refugee Help Fund

The City of Fremont's Human Services Department continues to raise funds to provide assistance to newly-arriving Afghan refugees or those still in Afghanistan in unsafe conditions.

You can make a donation to the **Afghan Refugee Help Fund** by visiting their website at [www.fremont.gov/ARHelp](http://www.fremont.gov/ARHelp).



---

## Need Help with Rent or Utilities Due to COVID?

Our **Keep Fremont Housed** rental assistance program has already helped hundreds of Fremont families affected by COVID-19.

**Funds are still available** to help more families! If you or someone you know is having trouble paying rent or utilities due to COVID-19, or if you are a landlord who is owed rent, visit <https://www.fremont.gov/keepfremonthoused>.



---

## Please Join Us For General Assembly 2022!



**UUA GENERAL ASSEMBLY**  
MULTIPLATFORM / PORTLAND • 2022

General Assembly is the annual gathering of Unitarian Universalists for conducting business of the Association, exploring the theological underpinnings of our faith, and leaning fully into our mission and principles.

In 2022, we will have the option of meeting online or in-person! For those who enjoyed the convenience and accessibility of remote participation, General Assembly will continue to offer a virtual experience with robust programming and enhanced delegate discussion tools. For those who miss the in-person experience, GA 2022 offers opportunities to re-connect with friends old and new, local site attractions, and more! **Join us June 22 - 26, 2022 online or in-person in Portland, Oregon.**

View the [2022 Summary Schedule!](#)

## Register Now for In-Person GA 2022!

Registration is now open for in-person attendance. Full-time registration is \$475 for adults,

and \$250 for high school youth and retired and candidate ministers. [Financial support](#) for registration, lodging credit within the [GA room block](#), as well as a payment plan are available. In-person registration rates will increase on March 1 and again on May 1. **Registration for virtual participation will open March 1. Click [here](#) to register.**

---

## ACT NOW!

### Call your Elected Officials!

Calls can make a difference! Contact your representatives to alert them to your views!

Representative Eric Swalwell 510-247-1388 or go to [house.gov](#)

Representative Ro Khanna (202) 225-2631

Senator Alex Padilla (202) 224-3553

Senator Dianne Feinstein (202) 224-3841



Mission Peak UU | 2950 Washington Blvd Fremont CA | 510.252.1477 | [missionpeakuu.org](#)



Share



Share



Tweet