

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Walking Upstream to the Original Water Communion

Worship Leader: Rev. Greg Ward
Worship Associate: Rev. Barbara Meyers

Worship Host: Graham Bell
Music: Peak Rocks

Sunday, September 18, 2022 10:00 AM

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, September 18, 2022 10-11:15 a.m.

Centering Thought

Why do so many people run around sprinkling holy water? There's an ocean inside you, and when you're ready you'll drink.
Kabir

To sweat is to pray, to make an offering of your innermost self. Sweat is holy water, prayer beads, pearls of liquid that release your past. Sweat is an ancient and universal form of self healing, whether done in the gym, the sauna, or the sweat lodge. I do it on the dance floor. The more you dance, the more you sweat. The more you sweat, the more you pray. The more you pray, the closer you come to ecstasy.
Gabrielle

To-do list for today:

Find Dad

Bust Holy Water Scam

Save the World

Buy Groceries

Do Laundry

Jana Oliver

You can pour holy oil and holy water on a thug until you have emptied buckets of both; but at the end he will be a consecrated thug, but a thug all the same unless interior intentions and a disciplined human being are present.

William Henry O'Connell

Walmart started selling "Vampire Home Defense Kits", including holy water, crosses, stakes, mallets, and a book of quick blessings to bar vampires from your door. The fact that these kits were generally useless didn't bother me nearly as much as the idea of holy water being sold at Walmart.

Molly Harper

All water is holy water.

Rajiv Joseph

Prelude

Bell Rev. Barbara Meyers

Homily 1 **The Time Leading Up to the First Water Communion** Rev. Greg Ward

Unison Chalice Lighting Rev. Barbara Meyers

We light this chalice...To remind ourselves to treat all people kindly,
because we are all one family;
To take good care of the Earth, because it is our home;
To live lives full of goodness and love,
because that is how we will become the best people we can be.

Welcome DeAnna Alm

Welcome Song Have You Ever Seen the Rain Peak Rocks
Creedence Clearwater Revival

Homily 2 **The Transformation of Unitarian Universalist Ministers** Rev. Barbara Meyers

Practice of Generosity (Offering)

Rev. Greg Ward

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation
P.O. Box 545 Fremont, CA 94537-0545
(If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to:
Mission Peak Unitarian Universalist Congregation
We will be collecting this once per week.
- Pay on line at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation

Rev. Barbara Meyers

Song of Reflection

Try
Colbie Caillat

Peak Rocks

Shared Joys & Concerns

Rev. Greg Ward

Homily 3 Transformation Continues: Unitarian Universalism in the Next 42 Years

Rev. Greg Ward

Anthem

Let the River Run
Carly Simon

Peak Rocks

Homily 4 The People We Are, The Dreams We Have, The Promises We Make

Rev. Barbara Meyers

Water Communion

Closing Hymn

Blue Boat Home
Peter Meyer

Peak Rocks

Extinguishing the Chalice

#456

Rev. Barbara Meyers

We extinguish this flame but not the light of truth,
the warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again.

Benediction

Rev. Greg Ward

Next Week's Service: September 25 – "Death by Hymn"

Rev. Greg Ward will lead the service and assisting will be Worship Associate Sharon Davis. Worship Host will be Steve Wallcave. Peak Performers will provide our music.

Sometimes singing an unfamiliar hymn in church can be really painful. Enough so, we may find ourselves looking ahead at the hymns scheduled to decide if we should attend on Sunday. There is an old Dutch proverb which says that 'Trust walks in on foot and rides out on a horse.' It's true enough in that trust takes a long time to build. It is incremental - one good experience at a time. But since no one is perfect and, invariably, trust is tested, if not broken altogether, how is it that we choose to begin accepting new contributions to trust building after we already determined that accounting came up short?

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

Safety for those attending service in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 mask (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The [board Safety Policy on how we allow services in Cole Hall](#) is in the “[About->Congregational Documents](#)” section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the “[About->Congregational Documents](#)” section of the website. The [outdoor event guidelines in section 18.2](#) will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email com_minister@mpuuc.org, or call 510-796-5722.