WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Woven in a Single Garment of Destiny

Worship Leader: Rev. Susan Frederick Gray Worship Associates: Committee on Ministry Worship Host: Graham Bell
Music: Peak Performers and a variety of UU
Musicians

Sunday, October 16, 2022 10:00 AM Service theme for the month: Cooperation

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, October 16, 2022 10-11:15 a.m.

Centering Thought

Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect.

Chief Seattle

Whatever affects one directly, affects all indirectly. I can never be what I ought to be until you are what you ought to be. This is the interrelated structure of reality.

Martin Luther King, Jr.

Cosmos is a Greek word for the order of the universe. It is, in a way, the opposite of Chaos. It implies the deep interconnectedness of all things. It conveys awe for the intricate and subtle way in which the universe is put together.

Carl Sagan

Perhaps ultimately, spiritual simply means experiencing wholeness and interconnectedness directly, a seeing that individuality and the totality are interwoven, that nothing is separate or extraneous. If you see in this way, then everything becomes spiritual in its deepest sense. Doing science is spiritual. So is washing the dishes.

Jon Kabat-Zinn

We are capable of suffering with our world, and that is the true meaning of compassion. It enables us to recognize our profound interconnectedness with all beings. Don't ever apologize for crying for the trees burning in the Amazon or over the waters polluted from mines in the Rockies. Don't apologize for the sorrow, grief, and rage you feel. It is a measure of your humanity and your maturity.

Joanna Macy

Prelude

Bell Committee on Ministry

Call to Worship Words adapted from adrienne maree brown Erika Hewitt, Darrick Jackson Rayla & Sage Mattson, Elizabeth Mount, Angeline Jackson

Francisco Ruiz, Sarah Lenzi, Frances Koziar Natalie Briscoe, Wendy Luella Perkins

Unison Chalice Lighting Angeline Jackson

We light this chalice...To remind ourselves to treat all people kindly, because we are all one family;
To take good care of the Earth, because it is our home;
To live lives full of goodness and love,
because that is how we will become the best people we can be.

Welcome DeAnna Alm

Welcome Song We're All Connected Wendy Luella Perkins and Lea Morris

Wendy Luella Perkins

Time for all Ages Conversations on Connection and Covenant Rayla, Sage and Bradshaw Mattson

Practice of Generosity (Offering)

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation
 P.O. Box 545 Fremont, CA 94537-0545
 (If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to: Mission Peak Unitarian Universalist Congregation We will be collecting this once per week.
- Pay online at https://mpuuc.org/contact-us/donate/ with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation

Song of ReflectionSpirit of LifeAll Souls DC Virtual ChoirCarolyn McDadeUnder the direction of Jen Haymen

Shared Joys & Concerns Committee on Ministry

Reading When Covenant Breaks Frances Koziar

Frances Koziar

Silence Rev. Erika Hewitt

Homily 1 Woven in a Single Garment of Destiny Rev. Susan Frederick Gray

Music We're All Connected Wendy Luella Perkins and Lea Morris

Homily 2 Woven in a Single Garment of Destiny Rev. Susan Frederick Gray

Prayer Rev. Erika Hewitt

Closing Hymn # 6 Just as Long as I Have Breath Francisco Ruiz

Alicia Carpenter

Extinguishing the Chalice #456 Rev. Dr. Elizabeth Mount

We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Benediction Erika Hewitt, Darrick Jackson

Rayla & Sage Mattson, Elizabeth Mount, Angeline Jackson Francisco Ruiz, Sarah Lenzi, Frances Koziar Natalie Briscoe, Wendy Luella Perkins

Next Week's Service: October 23— "The Politics of the Brokenhearted"

Rev. Greg Ward will lead the service and assisting will be Worship Associate Kathi Bayne. Worship Host will be Steve Wallcave. Jo Ann Schriner and Knuti VanHoven will provide our music.

At a time when the U.S. was still a fledgling democracy and we were even more tenuous and fragile than we are today, Abraham Lincoln attempted to play a role in leading this democracy to a place where he asked us to appeal to 'the better angels of our nature.' What was he asking and what were the concerns he was responding to? And what do they have to do with today?

Go to https://mpuuc.org/zoom/ for order of service and how to connect for all services

Announcements:

Safety for those attending service in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 mask (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The <u>board Safety Policy on how we allow services in Cole Hall</u> is in the "<u>About->Congregational Documents</u>" section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the "About-> Congregational Documents" section of the website. The <u>outdoor event guidelines in section 18.2</u> will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email com_minister@mpuuc.org, or call 510-796-5722.