WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



The Politics of the Brokenhearted

Worship Leader: Rev. Greg Ward Worship Host: Steve Wallcave
Worship Associate: Kathi Bayne Music: Jo Ann Schriner, Knuti VanHoven

Sunday, October 23, 2022 10:00 AM Service theme for the month: Cooperation

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, October 23, 2022 10-11:15 a.m.

Centering Thought

"Breaking up. It happens kind of suddenly. One minute, you're holding hands walking down the street, and the next minute, you're lying on the floor crying and all the good CDs are missing." Kennedy Kasares Unknown

"Pain makes you stronger, fear makes you braver, heartbreak makes you wiser."

The Wizard of Oz

"Hearts will never be practical until they are made unbreakable." "Sadness flies on the wings of the morning and out of the heart of darkness comes the light." Jean Giraudoux

"Sometimes it takes a heartbreak to shake us awake, help us see we are worth so much more than we're settling for."

Mandy Hale

"It is only through labor and painful effort, by grim energy and resolute courage that we move on to better things."

Theodore Roosevelt

Prelude

Bell Rev. Greg Ward

Call To Worship Kathi Bayne

Unison Chalice Lighting Kathi Bayne

We light this chalice...To remind ourselves to treat all people kindly,

because we are all one family;

To take good care of the Earth, because it is our home;

To live lives full of goodness and love,

because that is how we will become the best people we can be.

Welcome Colleen Arnold

Welcome Song 67 We Sing Now Together Knuti VanHoven, Paul Davis and Jo Ann Schriner Edwin T. Buehrer, Words; Adrian Valerius, Music

Russell Howard Time for all Ages **Playground Politics**

Practice of Generosity (Offering)

Kathi Bayne

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation P.O. Box 545 Fremont, CA 94537-0545 (If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to: Mission Peak Unitarian Universalist Congregation We will be collecting this once per week.
- Pay online at https://mpuuc.org/contact-us/donate/ with credit or debit card (Note: 3%)

surcharge).

Joys and Concerns Invitation

Rev. Greg Ward

Song of Reflection Hymn Medley

Jo Ann Schriner

Where Is Our Holy Church, We'll Build A Land, One More Step, Glory Glory Hallelujah!

Shared Joys & Concerns

Rev. Greg Ward

Reading Lead

Rev. Greg Ward

Mary Oliver

Anthem

Open the Window

Knuti VanHoven, Vocals and Percussion

Elise Witt, Words and Music; Knuti VanHoven, Arr.

Message

The Politics of the Brokenhearted

Rev. Greg Ward

Going Deeper

Closing Hymn

The Lone Wild Bird

Honey Whiskey Trio

H.R. MacFayden, Words; William Walker's Southern Harmony

Extinguishing the Chalice

#456

Kathi Bayne

We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Benediction Rev. Greg Ward

Next Week's Service: October 30 - "Samhain - Connecting to the Spirit of Our Ancestors"

Rev. EN Hill will lead the service and assisting will be Worship Associate Paul K. Davis. Worship Host will be Graham Bell.

Jay and Jessica Steele will provide our music.

For the Celts, who lived during the Iron Age in what is now Ireland, Scotland, the U.K., Samhain (meaning literally, in modern Irish, "summer's end") marked the turning point in the year. It signaled a time where the end of a bountiful harvest met the start of a cold, dark winter. It also signaled a time where birth and life met death and rebirth. Many believed it was a time where the veil between this world and the afterworld was the thinnest and our ancestors came to be present with their descendants.

Go to https://mpuuc.org/zoom/ for order of service and how to connect for all services

Announcements:

Safety for those attending service in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 mask (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because

vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The <u>board Safety Policy on how we allow services in Cole Hall</u> is in the "<u>About->Congregational Documents</u>" section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the "About->Congregational Documents" section of the website. The <u>outdoor event guidelines in section 18.2</u> will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

<u>In search of mental health family support or peer support resources in the larger Tri-City area?</u> Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email <u>com_minister@mpuuc.org</u>, or call 510-796-5722.

Board Meeting:

Due to the timing of the 2022 midterm elections, the Board meeting is moving from November 8th to November 15th. It will be held via Zoom from 6:30-9:30 PM.