WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Survival of the Friendliest

Worship Leader: Rev. Greg Ward Worship Associate: Don Ramie Worship Host: Steve Wallcave Music: Peak Rocks

Sunday, November 20, 2022 10:00 AM Service theme for the month: Beholden and Beloved

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, November 20, 2022 10-11:15 a.m.

Centering Thought

When we make friends then we change from being animals to being human.Stephen RichardsThe difference between a friend and an enemy is friendliness.Frank Delaney, The Matchmaker of KenmareThey hold up a mirror to the part of ourselves we're trying our best to conceal: that utterly defenseless, deeplytender inner part that yearns for connection and kindness- and can be so easily crushed.

Jennifer Latson, The Boy Who Loved Too Much: A True Story of Pathological Friendliness Friendship is the only cement that will ever hold the world together. Woodrow Wilson A friend is one that knows you as you are, understands where you have been, accepts what you have become, and still, gently allows you to grow. Shakespeare

There is a magnet in your heart that will attract true friends. That magnet is unselfishness, thinking of others first; when you learn to live for others, they will live for you. Paramahansa Yogananda

Prelude

Bell			Rev. Greg Ward
Call To Worship			Don Ramie
	We light this chali because we are all To take good care To live lives full of	ceTo remind ourselves to treat all people kindly, one family; of the Earth, because it is our home; goodness and love, w we will become the best people we can be.	Don Ramie
Welcome			DeAnna Alm
New Member I	ngathering	Chris Cook Chelsea Boon Xiaoyu Zou	Rev. Greg Ward Kathy Wallcave DeAnna Alm
Welcome Son	g	Let's Work Together Wilbert Harrison	Peak Rocks
Guest at Your	Table		Ian Zdanowicz
Please donate •	Mail check to Miss P.O. Box 545 Fre (If you use Bill Pay Drop envelope wit	are able, in one of these ways: sion Peak Unitarian Universalist Congregation emont, CA 94537-0545 with your bank, you could use them to mail the check) ch check in Mission Peak UU mail slot addressed to: carian Universalist Congregation	Don Ramie

We will be collecting this once per week.

• Pay online at https://mpuuc.org/contact-us/donate/ with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitati	Rev. Greg Ward	
Song of Reflection	Everything is Awesome (Lego Song) Shawn Patterson, JoLi, and the Lonely Island	Peak Rocks
Shared Joys & Concerns		
Reflection on Transgende	Rev. Greg Ward	
Anthem	On the Turning Away Anthony Moore, Words; David Gilmore, Music	Peak Rocks
Message	Survival of the Friendliest	Rev. Greg Ward
Going Deeper		
Closing Hymn	Count on Me Bruno Mars, Philip Lawrence, and Ari Levine	Peak Rocks
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Don Ramie
Benediction		Rev. Greg Ward
IIII leaders in our Denomin	Next Week's Service: November 27 – "Guest at Your Table"	ev Greg Ward Worshin

U leaders in our Denomination will lead the service and assisting will be Worship Associate Rev. Greg Ward. Worship Host will be Graham Bell. Jo Ann Schriner and Knuti VanHoven will provide our music.

More than 80 years ago, a small delegation of the Unitarian Service Committee was sent to western Europe to offer a response to those victims of the ethnic cleansing and human rights violations taking place under the reign of terror imposed by the Third Reich. That essential and successful justice campaign set into motion a ministry of engagement from Unitarians - and later Unitarian Universalists - responding to international human rights violations. Today our work of exercising our principles can be seen all around the globe. In this service, we will meet four people who will act as ambassadors for the work we do at raising awareness and support for justice worldwide. Our offering in this service will Share the Plate with the UU Service Committee.

Go to <u>https://mpuuc.org/zoom/</u> for order of service and how to connect for all services

Announcements:

Safety for those attending service in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 mask (or equivalent)which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The <u>board Safety Policy on how we allow services in Cole Hall</u> is in the "<u>About->Congregational Documents</u>" section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the "<u>About->Congregational Documents</u>" section of the website. The <u>outdoor event guidelines in section 18.2</u> will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

<u>In search of mental health family support or peer support resources in the larger Tri-City area?</u> Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email <u>com_minister@mpuuc.org</u>, or call 510-796-5722.

MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATIONAL COVENANT

Honoring who we have been, embracing who we feel called to be, we come together as an inclusive and diverse community, growing in love and truth, courageously collaborating to liberate one another from hurt and hate and to create hope and justice.

Toward that aim, we proclaim these as our aspirations:

- We aspire to the highest levels of trust. To be trustworthy, we will show up, do what we say we will do and communicate with kindness. To practice trust, we will focus on the best within people.
- We aspire to accept responsibility for the impact of our words and actions rather than seek absolution through our intent.
- We aspire to be a community where resources, opportunities and responsibilities are shared among all members.
- We aspire to be honest. We frame issues for accuracy and understanding rather than distort them for persuasive advantage.
- We aspire to be always cultivating an anti-racist, anti-oppressive community. We work for collective liberation, always striving to dismantle white supremacy.
- We aspire to aid in the success of our leaders by staying informed, participating in the democratic process, and taking our place in leadership as we are able. We honor collective decisions even when we do not agree.
- We aspire to a fully shared ministry. To this end we delegate responsibility with clear requests. We will honor the creativity and autonomy of the person who has taken on a responsibility by allowing them the latitude to meet the objectives their own way.
- We aspire to build a community which values celebration and fun.

Our covenant is not a contract. It is a declaration of aspirations, not ultimatums. It is a living document, which will evolve as we do. We all will fall short sometimes. When we do, we will recognize our own responsibility for repair and respond resourcefully with love for others and ourselves.