

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Why Democracy?

Worship Leader: Paul K. Davis
Worship Associate: Rev. Barbara Meyers

Worship Host: Erik Alm
Music: Peak Performers

Sunday, January 1, 2023 10:00 AM
Service theme for the month: Change

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, January 1, 2023 10-11:15 a.m.

Centering Thought

"It will take the form of the longhouse in which there are many hearths, one for each family, yet all live as one household under one chief mother. They shall have one mind and live under one law. Thinking will replace killing, and there shall be one commonwealth." - Deganawida

Prelude

Bell Paul K. Davis

Call To Worship Rev. Barbara Meyers

Unison Chalice Lighting Rev. Barbara Meyers

We light this chalice...To remind ourselves to treat all people kindly,
because we are all one family;
To take good care of the Earth, because it is our home;
To live lives full of goodness and love,
because that is how we will become the best people we can be.

Welcome DeAnna Alm

Welcome Song "Come, Come Whoever You Are", #188 Peak Performers
words adapted from Rumi, music by Lynn Adair Ungar

Time for all Ages "Singing to the Universe" Paul K. Davis

Practice of Generosity (Offering) Rev. Barbara Meyers

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation
P.O. Box 545 Fremont, CA 94537-0545
(If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to:
Mission Peak Unitarian Universalist Congregation
We will be collecting this once per week.
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation Rev. Barbara Meyers

Song of Reflection "Venus, Bringer of Peace" Shauna Pickett-Gordon
Gustav Holst

Shared Joys & Concerns Rev. Barbara Meyers and Paul K. Davis

Reading / Reflection	from introduction to "Democracy in America" Alexis de Tocqueville	Paul K. Davis
Anthem	"We Are ...", #1051 Ysaye M Barnwell	Peak Performers
Message	"For Each"	Paul K. Davis
Going Deeper	historical sources about democracy	
Closing Hymn	"We'll Build a Land", #121 words by Barbara Zanotti based on Isaiah and Amos music by Carolyn McDade arranged by Betsy Jo Angebrannt	Peak Performers & Friends
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Rev. Barbara Meyers
Benediction		Paul K. Davis

Next Week's Service: January 8 – "Belum"

Rev. Greg Ward will lead the service and assisting will be Worship Associate Drew Wilson. Worship Host will be David Gibbons. Jay and Jessica Steele will provide our music.

Greek philosopher, Heraclitus once talked about our quest for stability and permanence and the pain that's inevitable in a world that never stops evolving. He said, 'The only thing constant in this world is change.' Buddhists have a similar take, citing 'impermanence' as a more accurate descriptor of what we often call 'reality.' This is what led them to the third noble truth which describes suffering as brought about by attachment to the way things are. Before we can get to anything resembling enlightenment, we have to learn to accept change.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

Safety for those attending service in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 mask (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The [board Safety Policy on how we allow services in Cole Hall](#) is in the "[About->Congregational Documents](#)" section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the "[About->Congregational Documents](#)" section of the website. The [outdoor event guidelines in section 18.2](#) will control

how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email com_minister@mpuuc.org, or call 510-796-5722.