

## WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



### Belum

Worship Leader: Rev. Greg Ward  
Worship Associate: Drew Wilson

Worship Host: David Gibbons  
Music: Jay Steele

**Sunday, January 8, 2023 10:00 AM**  
**Service theme for the month: Change**

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to [welcome@mpuuc.org](mailto:welcome@mpuuc.org). We request your name, email, phone number and address. We'd be happy to answer any questions.

#### ***Our Mission Statement:***

*The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.*

#### **We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:**

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

# Order of Service

Sunday, January 8, 2023 10-11:15 a.m.

## Centering Thought

*I cannot say whether things will get better if we change; what I can say is they must change if they are to get better.* Georg C. Lichtenberg

*Everyone thinks of changing the world, but no one thinks of changing himself.* Leo Tolstoy

*There is nothing permanent except change.* Heraclitus

*The world as we have created it is a process of our thinking. It cannot be changed without changing our thinking.* Albert Einstein

*The secret of change is to focus all of your energy not on fighting the old, but on building the new.* Socrates

*It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change.* Charles Darwin

## Prelude

**Bell** Rev. Greg Ward

**Call To Worship** Drew Wilson

**Unison Chalice Lighting** Rev. Greg Ward

We aspire to a fully shared ministry.

To this end we delegate responsibility with clear requests.

We will honor the creativity and autonomy of the person who has taken on a responsibility by allowing them the latitude to meet the objectives their own way.

**Welcome** Gayle Tupper

**Welcome Song** Mark Kahn  
The Way it is  
Bruce Hornsby

**Time for all Ages** Rev. Greg Ward  
The Question is not 'If' but 'how' you want to change

**Practice of Generosity (Offering)** Drew Wilson

**Please donate generously if you are able, in one of these ways:**

- Mail check to Mission Peak Unitarian Universalist Congregation  
P.O. Box 545 Fremont, CA 94537-0545  
(If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to:  
Mission Peak Unitarian Universalist Congregation  
We will be collecting this once per week.
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

**Joys and Concerns Invitation** Rev. Greg Ward

<b>Song of Reflection</b>	Everything is Possible Rev. Fred Small	Jay Steele
<b>Shared Joys &amp; Concerns</b>		Rev. Greg Ward
<b>Reading / Reflection</b>	Belum Robert Fulgum	Rev. Greg Ward
<b>Anthem</b>	Take the A Train Duke Ellington	Jay Steele
<b>Message</b>	Belum	Rev. Greg Ward
<b>Going Deeper</b>		
<b>Closing Hymn</b>	Come and Go With Me African American Spiritual	Jay Steele
<b>Extinguishing the Chalice</b>	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Drew Wilson
<b>Benediction</b>		Rev. Greg Ward

**Next Week's Service: January 15 – "Martin Luther King, Jr. Interfaith Service"**

Rev. Youngmi Jung and Rev. Greg Ward will lead the service in the FUMC Sanctuary. They will be assisted by Associate Rev. Barbara Meyers. FUMC will host. And music will be provided by both congregations.

This service will be at the usual time (10:00 am) but it will be held in the Sanctuary for First United Methodist of Fremont (adjacent to Cole Hall). The service will be led by Rev. Youngmi Jung and Rev. Greg Ward. There will be musical contributions from both congregations and the shared offering will go toward the programs of our TriCity Areas NAACP. Come hear how Martin Luther King, Jr.'s contributions are understood by our two faith traditions.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

**Announcements:**

**Safety for those attending service in Cole Hall**

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 mask (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The [board Safety Policy on how we allow services in Cole Hall](#) is in the "[About->Congregational Documents](#)" section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the [“About->Congregational Documents”](#) section of the website. The [outdoor event guidelines in section 18.2](#) will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

**In search of mental health family support or peer support resources in the larger Tri-City area?** Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email [com\\_minister@mpuuc.org](mailto:com_minister@mpuuc.org), or call 510-796-5722.

**Talk: A New Bhavacakra (the Buddhist “Wheel of Life”)**

Sunday Jan 22 at 12pm, Eric Dittmar will give a talk and debut Don Ramie’s painting of a reimagined version of the Buddhist “Wheel of Life.” More details are in the Week on the Peak. Bring a bag lunch if you want for before or after.