

# WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



## To Be a Good Ancestor

Worship Leader: Rev. Greg Ward  
Worship Associate: Sharon Davis

Worship Host: Graham Bell  
Music: Jo Ann Schriener and Knuti VanHoven

Sunday, January 22, 2023 10:00 AM  
Service theme for the month: Change

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to [welcome@mpuuc.org](mailto:welcome@mpuuc.org). We request your name, email, phone number and address. We'd be happy to answer any questions.

### ***Our Mission Statement:***

*The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.*

### **We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:**

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

# Order of Service

Sunday, January 22, 2023 10-11:15 a.m.

## Centering Thought

*Be a good ancestor. Stand for something bigger than yourself. Add value to the Earth during your sojourn.*

*Marian Wright Edelman*

*In an incredibly short period of time we have endangered a world that took billions of years to evolve. We are just a tiny link in the great chain of living organisms, so who are we to put it all in jeopardy with our ecological blindness and deadly technologies? Don't we have an obligation, a responsibility, to our planetary future and the generations of humans and other species to come?*

*Roman Krznaric*

*Our greatest responsibility is to be good ancestors.*

*Jonas Salk*

*Too many people spend their lives being dutiful descendants instead of good ancestors. The responsibility of each generation is not to please their predecessors. It's to improve things for their offspring. It's more important to make your children proud than your parents proud.*

*Adam Grant*

## Prelude

**Bell** Rev. Greg Ward

**Call To Worship** Sharon Davis

**Unison Chalice Lighting** Sharon Davis

We light this chalice...To remind ourselves to treat all people kindly,  
because we are all one family;  
To take good care of the Earth, because it is our home;  
To live lives full of goodness and love,  
because that is how we will become the best people we can be.

**Welcome** Colleen Arnold

**Welcome Song** Peak Performers  
# 83 Winds Be Still  
Richard S. Kimball, Words; Samuel Sebastian Wesley

**Time for all Ages** Rev. Greg Ward  
The Marshmellow and the Acorn  
Roman Krznaric

**Practice of Generosity (Offering)** Sharon Davis

**Please donate generously if you are able, in one of these ways:**

- Mail check to Mission Peak Unitarian Universalist Congregation  
P.O. Box 545 Fremont, CA 94537-0545  
(If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to:  
Mission Peak Unitarian Universalist Congregation  
We will be collecting this once per week.
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

<b>Joys and Concerns Invitation</b>		Rev. Greg Ward
<b>Song of Reflection</b>	Song Medley	Jo Ann Schriener
<b>Shared Joys &amp; Concerns</b>		Rev. Greg Ward
<b>Reflection</b>	How To Be A Good Ancestor - Leaving a Legacy	Roman Krznicaric
<b>Anthem</b>	Come, Children of Tomorrow Zona Gale, Words; Valentin Schumman, Music	Knuti VanHoven, vocals; Jo Ann Schriener, piano
<b>Message</b>	To Be A Good Ancestor	Rev. Greg Ward
<b>Going Deeper</b>		
<b>Closing Hymn</b>	Hymn # 146 Soon the Day Will Arrive Ehud Manor, Words; Nurit Hirsch, Music	First Unitarian Church of Oakland Children's Choir
<b>Extinguishing the Chalice</b>	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Sharon Davis
<b>Benediction</b>		Rev. Greg Ward

**Next Week's Service: January 29 – "Finding Your True Self"**

Rev. Dr. Xolani Kacela will lead the service and assisting will be Worship Associate, Rev. Barbara Meyers.  
Worship Host will be Graham Bell. Jay and Jessica Steele will provide our music.

In this book, *Immortal Diamond: The Search for Our True Self*, Father Richard Rohr likens the true self to a diamond buried deep within us, formed under the intense pressure of our lives, that must be searched for, uncovered, and separated from all the debris of ego that surrounds it. In a sense, the true self must, like Jesus, be resurrected. That process is not resuscitation, but transformation. What would your true self look like if it was excavated? Let's explore a few ideas about revealing true ourselves.

The Rev. Dr. Xolani Kacela is a curious, compassionate and committed Unitarian Universalist Minister. He understands our diverse and eclectic faith and what it means to help serve in leadership. He has served on the Ministerial Fellowship Committee with Rev. Greg, our UUA Nominating Committee and on our Commission on Appraisal. He still serves in the New Mexico Air National Guard as State Chaplain and as Interim minister of the First Unitarian Church of San Jose.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

**Announcements:**

**Safety for those attending service in Cole Hall**

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 mask (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday

mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The [board Safety Policy on how we allow services in Cole Hall](#) is in the “[About->Congregational Documents](#)” section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the “[About->Congregational Documents](#)” section of the website. The [outdoor event guidelines in section 18.2](#) will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

**In search of mental health family support or peer support resources in the larger Tri-City area?** Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email [com\\_minister@mpuuc.org](mailto:com_minister@mpuuc.org), or call 510-796-5722.

**Talk: A New Bhavacakra (the Buddhist "Wheel of Life")**

Sunday Jan 22 at 12pm, Eric Dittmar will give a talk and debut Don Ramie's painting of a reimagined version of the Buddhist “Wheel of Life.” More details are in the Week on the Peak. Bring a bag lunch if you want for before or after.