

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



The Myths and Realities of True Love

Worship Leader: Rev. Greg Ward
Worship Associate: Paul K. Davis

Worship Host: Erik Alm
Music: Peak Performers

Sunday, February 5, 2023 10:00 AM

Service theme for the month: To Be Beholden

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, February 5, 2023 10-11:15 a.m.

Centering Thought

The course of true love never did run smooth. William Shakespeare, *A Midsummer Night's Dream*
I saw that you were perfect, and so I loved you. Then I saw that you were not perfect and I loved you even more.
Angelita Lim

You're not looking for perfection in your partner. Perfection is all about the ego. With soulmate love, you know that true love is what happens when disappointment sets in - and you're willing to deal maturely with these disappointments.
Karen Salmansohn

The thing is that love gives us a ringside seat on somebody else's flaws, so of course you're gonna spot some things that kinda need to be mentioned. But often the romantic view is to say, 'If you loved me, you wouldn't criticize me.' Actually, true love is often about trying to teach someone how to be the best version of themselves.
Alain de Botton

People confuse ego, lust, insecurity with true love.
Simon Cowell

True love will triumph in the end—which may or may not be a lie, but if it is a lie, it's the most beautiful lie we have.
John Green

Prelude

Bell Rev. Greg Ward

Call To Worship Paul K. Davis

Unison Chalice Lighting Rev. Greg Ward

*Our covenant is not a contract.
It is a declaration of aspirations, not ultimatums.
It is a living document, which will evolve as we do.
We all will fall short sometimes.
When we do, we will recognize our own responsibility for repair
and respond resourcefully with love for others and ourselves.*

Welcome DeAnna Alm

Welcoming One Another Kathy Wallcave

Welcome Song Though I May Speak Peak Performers
Hal Hopson, words; Trad. English Melody

Time for all Ages Plato's Symposium Rev. Greg Ward
Plato

Practice of Generosity (Offering) Paul K. Davis

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation

P.O. Box 545 Fremont, CA 94537-0545

(If you use Bill Pay with your bank, you could use them to mail the check)

- Drop envelope with check in Mission Peak UU mail slot addressed to:
Mission Peak Unitarian Universalist Congregation
We will be collecting this once per week.
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation

Rev. Greg Ward

Song of Reflection

The Road Home
Stephen Paulus; Old Southern Harmony Tune

Peak Performers

Shared Joys & Concerns

Rev. Greg Ward

Reflection

Romancing the Joan
Excerpts from the TV show, Joan of Arcadia

Episode 38

Anthem

Give Yourself to Love
Kate Wolf

Peak Performers

Message

The Myths and Realities of True Love

Rev. Greg Ward

Going Deeper

Closing Hymn

When Our Heart is in a Holy Place
Joyce Poley

Peak Performers

Extinguishing the Chalice

#456
We extinguish this flame but not the light of truth,
the warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again.

Paul K. Davis

Benediction

Rev. Greg Ward

Next Week's Service: February 12 – "Sergio Jaime Lopez - MPUUC 2023 Courageous Love Hero"

Rev. Greg Ward will lead the service and assisting will be Worship Associate Don Ramie. Worship Host will be David Gibbons, Jay and Jessica Steele will provide our music.

Cornell West once said that "Justice is what Love looks like in public." Each year, MPUUC celebrates a 'Love Hero' - a person or group who exercises the kind of 'public love' that resembles and inspires justice. This year, our Love Hero is Sergio Jaime Lopez who has successfully navigated our broken immigration system to attain asylum status and is now working on the 12-18 month process of bringing his family to the U.S. from Nicaragua.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

Safety for those attending service in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 mask (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The [board Safety Policy on how we allow services in Cole Hall](#) is in the “[About->Congregational Documents](#)” section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the “[About->Congregational Documents](#)” section of the website. The [outdoor event guidelines in section 18.2](#) will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email com_minister@mpuuc.org, or call 510-796-5722.