

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Courageous Love Hero - Sergio Jaime Lopez

Worship Leader: Rev. Greg Ward

Worship Host: David Gibbons

Worship Associate: Don Ramie

Music: Jay Steele

Sunday, February 12, 2023 10:00 AM

Service theme for the month: To Be Beholden

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, February 12, 2023 10-11:15 a.m.

Centering Thought

"A hero is someone who has given his or her life to something bigger than oneself." Joseph Campbell
"Heroes are made by the paths they choose, not the power they are graced with." Brodi Ashton
"A hero is no braver than an ordinary man, but he is braver five minutes longer." Ralph Waldo Emerson
"What makes Superman a hero is not that he has power, but that he has the wisdom and the maturity to use the power wisely. From an acting point of view, that's how I approached the part." Christopher Reeve
"I think of a hero as someone who understands the degree of responsibility that comes with his freedom." Bob Dylan
"To be heroic may mean nothing more than standing in the face of the status quo, seeing through the face of an easy collapse, walking into the madness of an increasingly chaotic world and representing another way." Mike Alsford

Prelude

Bell Rev. Greg Ward

Call To Worship Allie King, Don Ramie, Meredith Miller

Unison Chalice Lighting Don Ramie

We light this chalice...To remind ourselves to treat all people kindly,
because we are all one family;
To take good care of the Earth, because it is our home;
To live lives full of goodness and love,
because that is how we will become the best people we can be.

Welcome Colleen Arnold

Welcome Song #1040 Hush Jessica and Jay Steele
Trad. African American Spiritual

Time for all Ages Introduction and Thoughts about Being a Hero Ariel Smith-Iyer

Joys and Concerns Invitation Rev. Greg Ward

Song of Reflection To Be Free Jessica and Jay Steele
Michael Rosenberg

Shared Joys & Concerns Rev. Greg Ward

Reflection Leaving Nicaragua Sergio Jaime Lopez

Anthem

America
Neil Diamond

Jessica and Jay Steele

Message

The Path of a Courageous Love Hero Rev. Greg Ward and Sergio Jaime Lopez

Special Collection

Allie King, Don Ramie, Meredith Miller

if you are able, please donate generously to this special collection in one of these ways:

- Make your check out to MPUUC with Love Hero in the memo line.
- Mail check to Mission Peak Unitarian Universalist Congregation
P.O. Box 545 Fremont, CA 94537-0545
(If you use Bill Pay with your bank, you could use them to mail the check) If you are making a pledge, please indicate “pledge” on the memo line.
- Drop envelope with check (with Love Hero on the memo line) in Mission Peak UU mail slot addressed to:
Mission Peak Unitarian Universalist Congregation
We will be collecting this once per week.
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card. Choose “Special” as the donation type. Please state for “Love Hero” in the message. (Note: 3% surcharge).

Going Deeper

Allie King, Don Ramie, Meredith Miller

Closing Hymn

#1015 I Know I Can
Dennis Hamilton, words; Jeannie Gagne, music; Arr. Mark Freundt

Jessica and Jay Steele

Extinguishing the Chalice

#456
We extinguish this flame but not the light of truth,
the warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again.

Don Ramie

Benediction

Rev. Greg Ward

Next Week’s Service: February 19 – “Temptation”

Mark Rahman will lead the service and assisting will be Worship Associate Paul K. Davis. Worship Host will be Steve Wallcave.

We all remember the 7 Deadly Sins (now what was that last one?) that are considered temptations. But there are parts of our inner being that can lead us astray often without our knowledge. They become habits that are part of a natural order as considered by our inner being. Can we unlearn the habits of a lifetime and see when we are taking an easy path that leads away from the right relation?

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

Safety for those attending service in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 mask (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The [board Safety Policy on how we allow services in Cole Hall](#) is in the “[About->Congregational Documents](#)” section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the “[About->Congregational Documents](#)” section of the website. The [outdoor event guidelines in section 18.2](#) will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email com_minister@mpuuc.org, or call 510-796-5722.