

# This Week on the Peak



Mission Peak UU - Fremont, CA  
The Home of Liberal Religion in the Tri-Cities and Beyond!  
February 1, 2023

Dear Sandra,

Hi folks,

My name is Alexa Sarten, and I'm writing to you from the CaYRE committee. My involvement at Mission Peak began thanks to a request from my eldest son, David. He must have been 3 or 4 at the time, and had heard my husband singing at a different church service. From David's love of music came our discovery of an entire community! My own kids are growing up in our RE program, and I'm so grateful that here at MPUUC they are loved and respected for precisely who they are!



Recently some of our congregation's youths have been attending OWL at the Palo Alto UU church. OWL (Our Whole Lives) is a lifespan sexuality education curriculum that teaches, in 25 workshops, more than just anatomy; it covers feelings, attitudes, and values while also teaching about healthy relationships and consent. I encourage you to take a look at the OWL materials ([www.uua.org/re/owl](http://www.uua.org/re/owl)) for an idea of the valuable learning that our 7-9th graders are doing.

Thank you all for being part of the loving community that welcomed and recognizes our children. I feel privileged to witness the growth of our young people, and I hope you do as well!

Alexa Sarten

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## This Sunday's Service:

**We have transitioned to hybrid services. See [mpuuc.org/zoom](http://mpuuc.org/zoom) each week for how to attend services.**

**The Myths and Realities of True Love**

Falling in love is the euphoric moment when we discover someone with the unique combination of what we've always wanted and needed: attention, acceptance, appreciation, affection, allowance - what David Richo calls 'the 5 A's of Love'. And, somehow, we muster the courage to go all in. We find - or borrow - enough to lower the powerful shield of our ego, and rejoice and make promises that bind us in that reunion with connection. But there are downsides as well. As he meanders through his 4th year as a married man, this is Rev. Greg's chance to talk about the promises and pitfalls of True Love.



Rev. Greg Ward will lead the service and assisting will be Worship Associate Paul K. Davis. Worship Host will be Erik Alm. Peak Performers will provide our music.

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## Whether you are attending services in Cole Hall or remotely, you can donate money and/or fulfill your pledge in the 3 ways shown below:

Mail check to

Mission Peak Unitarian Universalist Congregation  
P.O. Box 545  
Fremont, CA 94537-0545  
(If you use Bill Pay with your bank, you could use them to mail the check)

Drop envelope with a check in Mission Peak UU mail slot addressed to:  
Mission Peak Unitarian Universalist Congregation  
We will be collecting this once per week.

Pay on line at <https://mpuuc.org/contact-us/donate/> with credit or debit card.  
Note we use PayPal for this and they charge us around 3%.



## CIRCLE OF LIFE

Each week, we post the previous Sunday's Joys and Concerns that we were given permission to share. We encourage you to make room in your heart for the hopes and fears of your fellow members. Reach out to celebrate and console those you care about. Here are the [Joys and Concerns](#) for the past 4 weeks. If you would like your joy or concern to appear in the Wheel of

Life, contact the Encouragement Committee at [ecteam@mpuuc.org](mailto:ecteam@mpuuc.org)

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## Safety Policy for Hybrid Services in Cole Hall

Attendees should be masked inside and outside of Cole Hall during the service. We encourage people to wear N95 masks (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. We encourage people to only come inside Cole Hall if fully vaccinated and boosted. Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The [board Safety Policy on how we allow services in Cole Hall](#) is in the “[About->Congregational Documents](#)” section of the mpuuc.org web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it. We expect to continue to monitor what is safe and make changes as needed.

We also have other board policies related to Covid-19 in section 18 of the board policies document, which is also in the “[About->Congregational Documents](#)” section of the website. The outdoor event guidelines in section 18.2 will control how we would be able to have food or drinks outside after the service, or for special events. Contact Steve Wallcave with any questions about either safety policy.

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## Midweek Discussion Group

The Minister’s Midweek Discussion Group meets on Thursdays at 10:00 a.m. We welcome all voices who wish to participate in discussion on interesting topics. This week’s discussion will be a little different. We’re going to do a little reflection on how this weekly discussion is meeting our needs. We’ll consider whether there needs to be more discussion formats, consider who else we might serve, what other kinds of topics might be of interest. Please come with your ideas. The link to the conversation can be found if you [Press here](#)

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## Remembrance and Celebration of the life of Louise Lefkort

On Saturday, February 4<sup>th</sup> at 1:00 pm, we will hold an on-line service of Remembrance and Celebration of the life of Louise Lefkort. To join the service [CLICK HERE](#) or simply use the MPUUC Worship link found at [www.mpuuc.org](http://www.mpuuc.org). Many of us knew Louise as member of the choir with an activist past. But did you know she was an incredibly intelligent, sharp, quick-witted woman who wanted to change the world and love her children at the same time. She shopped in health food stores and addressed all the most challenging things in life as a game to make sure she – and the people she was with – could make a difference and make people smile at the same time. We encourage you to come listen, share, and be inspired by stories of a woman who really did change lives.

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## Black & White Auction

# B & W Auction

**Date : February 11th  
7-9pm, Zoom**

**Topic : Night of Fellowship, Fun,  
& Fundraising**

## Deadlines:

1/31: Last day  
to buy a ticket  
at \$25

2/1: Tickets  
are \$30 each

2/2: Get your  
donations to  
Colleen

2/4: Catalog is  
live! Go  
shopping --  
start bidding!

## Event Details:

- Single Breakout Room Discussions
- How to Bid instructions
- Games: Scavenger Hunt & Scattegories
- Fudge Winner Announced
- Extra time to bid
- Lots of laughter!

## Buy A Ticket!

<https://mpuuc.square.site/s/shop>

### Notes :

- It's going to be a great night!
- Pour some wine & bring your own dessert to the screen

Tickets can be purchased at <https://mpuuc.square.site/s/shop>.

## JUSTICE CORNER

### UUSJ Federal Matters with Susan Frederick Gray

Thursday, February 2nd  
5 pm PT/ 6 pm MT/ 7 pm CT/ 8 pm ET

Mark your calendars early so as not to accidentally double-book your time. President Reverend Susan Fredrick-Gray, Unitarian Universalist Association will share her thoughts

Save the Date  
UUA President  
Rev. Susan Frederick-Gray

### Questions On Federal Matters

Thursday, Feb. 2  
8pm ET - 7pm CT - 6pm MT - 5pm MT

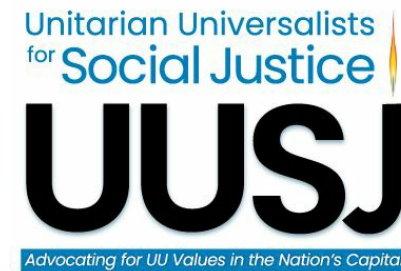


about federal matters with UUSJ members and friends. There is no link yet, but it will be posted on the UUSJ [website](#)

## Tell Your Members Of Congress; Our Democracy Is Under Attack

We need to protect our democracy. We cannot allow a small group of legislators to stop Congress from being a functioning legislative body. We need you to help save it and urge your Members of Congress to prioritize the health of our democracy as an organizing principle during the 118th Session of Congress.

*We the people* need all those who represent us in Congress to provide a federal government that works effectively to meet our needs. It is critical that Democrats, Republicans, and Independents work together for the good of the people they represent.



[Support Democracy In The 118th](#)

- Our elected representatives must provide legislation and funding that ensure our rights and keep us secure. That is the fundamental purpose of our government.
- Members of Congress must make our collective needs their first priority, above their personal needs, and the needs of their political party.
- We need them to work together and compromise when necessary.

Help start the advocacy process with a clear statement of interest grounded in our principles and organizational values. Send our volunteers into their various engagements with a strong showing of support.

In optimism for a better democracy,

Pablo DeJesus  
Executive Director, UUSJ

## Anti-Racism Anti-Oppression Committee (ARO) Recommendations

### JUSTICE FOR TYRE NICHOLS

SURJ Bay Area joins in solidarity with the family of Tyre Nichols who was brutally murdered by Memphis police during a traffic stop, and with people across the country who demand an end to police violence.

#### Actions you can take:

- [Sign the Color of Change Petition](#) to the Memphis City Council demanding Justice for Tyre.
- [Donate](#) to the Tyre Nichols Memorial Fund set up by his mother to support his family and his memorial.
- Support groups organizing against racist policing in Memphis. Donate to [Just City](#) and [Black Lives Matter Memphis Chapter](#).
- Learn more about racist racist policing and abolition: visit the websites of [Anti Police-Terror Project](#), [Critical Resistance](#), and [UC Berkeley's Othering & Belonging Institute](#)

## 8th Principle Learning

"The black hole in the white UU psyche" by Mark Morrison-Reed

<https://www.uuworld.org/articles/black-hole-white-uu-psyche>

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**Mission Peak Money Matters: Contact Info**



Responsibilities for Mission Peak UU's financial process are shared between our Congregational Administrator, Sandra Lange ([office@mpuuc.org](mailto:office@mpuuc.org)) and a treasurer ([treasurer@mpuuc.org](mailto:treasurer@mpuuc.org)).



- Sandra handles most ongoing operational tasks, such as pledge tracking, reimbursement requests/status, contribution statements, stock donations, and the like.
- In the absence of a treasurer, please send any questions to both the treasurer email ([treasurer@mpuuc.org](mailto:treasurer@mpuuc.org)), which is being monitored by our President, Suzette Takei and also to Sandra ([office@mpuuc.org](mailto:office@mpuuc.org)). This will ensure that any financial questions are answered promptly.

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## Board Briefs

Board briefs from January 2023 MPUUC Board meeting.



The board met on Tuesday, January 10, 2023.

- Approved corrected December minutes and attachments to be posted on website.
- Approved changing the February Board meeting to Tuesday, February 7 from the regular second Tuesday. Confirmed the change with Rev. Ward before finalizing.
- Approved updating the contract with Rev. Ward to provide for sabbatical time in year four of the contract to allow for two sabbatical periods in a seven-year span instead of one longer period. Contract wording is to be developed.
- Noted that search for new Treasurer is underway to fill vacancy due to resignation from Board of Treasurer Terri King.
- Discussed remaining sections of Board policies for alignment with MPUUC bylaw changes. Final wording will be developed for review by the board.

The next board meeting will be via Zoom on Tuesday, February 7 at 6:30 pm. Note that this is a different date than the standard second Tuesday of the month.

For complete board minutes or other board info go to the Members Only section of our web site at [mpuuc.org/about-us/members-only](http://mpuuc.org/about-us/members-only)

For more details about meetings or questions email [president@mpuuc.org](mailto:president@mpuuc.org)

**ACT NOW!**

## Call your Elected Officials!

Calls can make a difference! Contact your representatives to alert them to your views!

Representative Eric Swalwell 510-247-1388 or go to [house.gov](http://house.gov)

Representative Ro Khanna (202) 225-2631

Senator Alex Padilla (202) 224-3553

Senator Dianne Feinstein (202) 224-3841





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