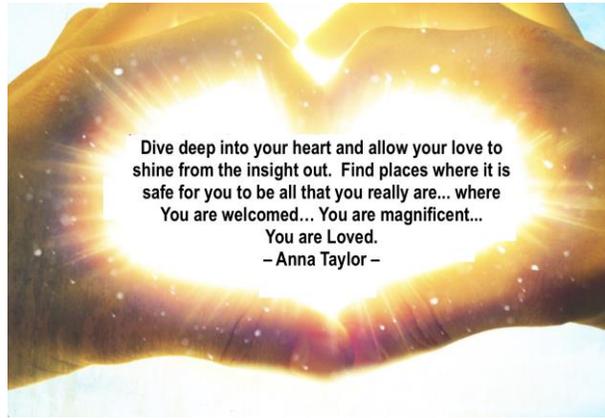


# WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



## Loving From the Insight Out

Worship Leader: Rev. Greg Ward  
Worship Associate: Sharon Davis

Worship Host: David Gibbons  
Music: Various UU Musical Artists

Sunday, March 12, 2023 10:00 AM  
Service theme for the month: Imagination

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to [welcome@mpuuc.org](mailto:welcome@mpuuc.org). We request your name, email, phone number and address. We'd be happy to answer any questions.

### ***Our Mission Statement:***

*The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.*

### **We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:**

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

# Order of Service

Sunday, March 12, 2023 10-11:15 a.m.

## Centering Thought

"The heart is not like a box that gets filled up. It expands in size the more you love."

– Her

"All, everything that I understand, I understand only because I love."

– Leo Tolstoy, *War and Peace*

"Love is a gift of one's inner most soul to another so both can be whole."

– Buddha

"Love is something sent from heaven to worry the hell out of you."

– Dolly Parton

"True love is inexhaustible. The more you give, the more you have."

– Antoine De Saint-Exupery

## Prelude

Bell

Rev. Greg

Call To Worship

Sharon Davis

## Unison Chalice Lighting

Sharon Davis

We light this chalice...To remind ourselves to treat all people kindly,  
because we are all one family;  
To take good care of the Earth, because it is our home;  
To live lives full of goodness and love,  
because that is how we will become the best people we can be.

Welcome

Gayle Tupper

Welcome Song

Shine on Me  
Melanie DeMore

Melanie DeMore

Time for all Ages

The Clay Pot  
Spiritual Folktale

Rev. Greg

Pulpitorial

Drew Wilson

## Practice of Generosity (Offering)

Sharon Davis

**Please donate generously if you are able, in one of these ways:**

- Mail check to Mission Peak Unitarian Universalist Congregation  
P.O. Box 545 Fremont, CA 94537-0545  
(If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to:  
Mission Peak Unitarian Universalist Congregation  
We will be collecting this once per week.
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation

Rev. Greg

Song of Reflection

We Shine

James Underberg

James Underberg

Shared Joys & Concerns

Rev. Greg

Reading

“Guidelines”  
Rhina Espaillat

Rev. Greg

Anthem

Church of the Earth  
Peter Mayer

Peter Mayer and the UU Fairfax Virtual Choir

Message

Loving from the Insight Out

Rev. Greg

Going Deeper

Closing Hymn

We Shall Be Known  
Karisha Longaker

How We Thrive Virtual Choir

Extinguishing the Chalice

#456

Sharon Davis

We extinguish this flame but not the light of truth,  
the warmth of community, or the fire of commitment.  
These we carry in our hearts until we are together again.

Benediction

Rev. Greg

**Next Week’s Service: March 19 – “Our Religious Imagination”**

Rev. Brian Ferguson will lead the service and assisting will be Worship Associate Don Ramie. Worship Host will be Graham Bell. Peak Rocks will provide our music.

One of the struggles of our human condition is our frequent inability to view the world from another person’s perspective. This seems to be a problem religiously, politically, and culturally – creating significant divisions amongst us. Our Unitarian Universalist religious tradition places great emphasis on the use of reason to interpret our lived experience to derive spiritual meaning and ethical guidelines. This worship service will explore how engaging our imagination can enrich our spiritual life by gaining a wider perspective beyond our own experience.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

**Announcements:**

**The Mission Peak UU Safety Policy for Services and Events changed March 8th**

We encourage attendees to be masked inside, using N95 (or equivalent) which are more effective than cloth or surgical masks. We have such masks available in Cole Hall on Sunday mornings. The end of the mask requirement does not mean the end of COVID-19, which will remain present in our community. We are allowing attendees to decide which tools to use to keep themselves and others as healthy as possible.

Because vaccinated people can still spread the disease to others, we strongly encourage those in contact with unvaccinated or immunocompromised people to attend services outside or via Zoom.

The Safety Policy on how we allow services in Cole Hall and other events is in the [About->Congregational Documents](#)” section of the [mpuuc.org](http://mpuuc.org) web site. If you wonder how we are trying to keep us all safe as we gather together again, please read it.

Contact Steve Wallcave with any questions about the safety policy.

**Next Thursday March 16th will be an all-ages potluck and game night!** We will meet in Ockerman 7/8 from 6-8pm for food, fun and fellowship. Please bring a dish to share, homemade and store bought items are equally welcome. You're also welcome to bring a game you like to play. We'll have a few different games suitable for people of all ages. This week there is no need to rsvp but we may ask for that in the future. The featured game this week is Taco Cat Goat Cheese Pizza (can we show a pic of this game on the screen?), feel free to look up how to play it and come ready to jump in for a round. Contact our RE Coordinator Ariel with any questions you may have.

**In search of mental health family support or peer support resources in the larger Tri-City area?** Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email [com\\_minister@mpuuc.org](mailto:com_minister@mpuuc.org), or call 510-796-5722.