

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Hildegard of Bingen

What does astonishing 12th century German nun, Hildegard of Bingen, have to say to Unitarian Universalists today?

Worship Leader: Rev. Ruth Rinehart

Worship Host: Graham Bell

Worship Associate: Rev. Barbara Meyers

Music: Ruth Rinehart, Knuti VanHoven, Jo Ann

Story for All Ages: Ariel Smit-Iyer

Schriner

Sunday, May 28, 2023 10:00 AM

Service theme for the month: Courage

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, May 28, 2023 10-11:15 a.m.

Centering Thought

"My new song must float on the feather of God" - Hildegard of Bingen

"There is the music of Heaven in all things." - Hildegard of Bingen

"The soul is the greening life force of the flesh, for the body grows and prospers through her, just as the earth becomes fruitful when it is moistened." - Hildegard of Bingen

Prelude

Bell Rev. Barbara Meyers

Call To Worship Rev. Barbara Meyers

Unison Chalice Lighting Rev. Barbara Meyers

We light this chalice...To remind ourselves to treat all people kindly,
because we are all one family;
To take good care of the Earth, because it is our home;
To live lives full of goodness and love,
because that is how we will become the best people we can be.

Welcome Gayle Tupper

Welcome Song #27 I Am That Great and Fiery Force Knuti VanHoven and Jo Ann Schrinier,
Words: Hildegard of Bingen; Music by Josquin Desprez adapted by Anthony Petti

Time for all Ages *Yana Listens: A Children's Herbal Adventure Story* Ariel Smith-Iyer
Nina Judith Katz

Practice of Generosity (Offering) Rev. Barbara Meyers

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation
P.O. Box 545 Fremont, CA 94537-0545
(If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to:
Mission Peak Unitarian Universalist Congregation
We will be collecting this once per week.
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation Rev. Barbara Meyers

Song of Reflection Prelude Op 28 No 15 Jo Ann Schrinier
Chopin

Shared Joys & Concerns Rev. Barbara Meyers

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| Reading / Reflection | #493 Fire of the Spirit Hildegard of Bingen | Rev. Barbara Meyers |
| Anthem | O Virtus Sapientia Hildegard of Bingen | Rev. Ruth Rinehart |
| Message | Hildegard of Bingen | Rev. Ruth Rinehart |
| Closing Hymn | #318 We Would Be One Words: Samuel Anthony Wright; Music: Jean Sibelius | Knuti VanHoven and Jo Ann Schriener |
| Extinguishing the Chalice | #456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again. | Rev. Barbara Meyers |
| Benediction | | Rev. Ruth Rinehart |

Next Week's Service: June 4 – "A Warm Fuzzy Flower Communion"

Rev. Greg Ward will lead the service and assisting will be Worship Associate Paul K. Davis. Worship Host will be Erik Alm. Peak Performers will provide our music.

In 1969, famous psychotherapist and social theorist, Claude Steiner wrote a children's book that was pure magic for young and old. It was called the Warm Fuzzy story. It is about how giving from the heart, with trust and generosity is one of the best ways to generate good feelings (warm fuzzies). It also explores how the very human condition of feeling afraid that if we give ourselves to others, there's a chance they won't give to us in return. In this Intergenerational Service - followed by the Congregational Meeting - we will explore the joy and good feelings of being together. Remember to bring flowers to share.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

Annual Congregational Meeting

Our annual Congregational Meeting will be held Sunday, June 4th immediately after the service. We will have a number of items to vote on (details and agenda were sent out via a Constant Contact email on May 21), and we will need a quorum of voting members, so please mark your calendars and plan to attend. As a reminder, while all are welcome to attend, only active members will be allowed to vote.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. There are some activities that are available during the pandemic. Email com_minister@mpuuc.org, or call 510-796-5722.