WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Buen Camino

Worship Leader: Rev. Greg Ward | **Worship Host: David Gibbons**
Worship Associate: Mark Rahman | **Music: Jay and Jessica Steele and David Johnson**

Sunday, October 8, 2023 10:00 AM
Service theme for the month: The Spiritual Path

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, October 8, 2023 10-11:15 a.m.

Centering Thought

"The miracle is not to walk on water. The miracle is to walk on the green earth, dwelling deeply in the present moment and feeling truly alive" *Thích Nhất Hạnh*

"It is your road, and yours alone. Others may walk it with you, but no one can walk it for you" *Rumi*

"We all have a bag. We all pack differently. Some of us are traveling light. Some of use are secret hoarders who've never parted with a memory our whole lives. I think we are called to figure our how to carry our bag to the best of our ability. How to unpack it, and how to face the mess. Part of growing up is learning how to sit down on the floor with all your things and figuring out what to take with you and what to leave behind." *Hannah Brencher*

"Travel far enough, you might meet yourself." *David Mitchell*

"A mind that is stretched by a new experience can never go back to its old dimensions." Oliver Wendell Holmes, Jr.

Prelude		
Bell		Rev. Greg Ward
Call To Worship		Mark Rahman
Chalice Lighting		John Porter
Welcome		Valerie Stewart
Welcome Song	# 1018 Come and Go With Me African American Spiritual	Jay and Jessica Steele
Time for all Ages		Ariel Smith-Iyer
Recessional Hymn	# 413 Go Now in Peace Natalie Sleeth	Ariel Smith-Iyer Rev. Greg Ward
Testimonial / Pulpitorial		Rev. Greg Ward

Share the Plate TriCity Interfaith Council's Efforts for the United Nations Day of Peace

Please donate generously to TCIC if you are able, in one of these ways:

- Make check out to MPUUC (with 'Peace' in the memo line)
  Mail Check to P.O. Box 545 Fremont, CA 94537-0545
  (If you use Bill Pay with your bank, you could use them to mail the check) If you are making a pledge, please indicate "pledge" on the memo line.
- Drop envelope with check in Mission Peak UU mail slot addressed to:
  Mission Peak Unitarian Universalist Congregation
  We will be collecting this once per week.
- Pay online at https://mpuuc.org/contact-us/donate/ with credit or debit card. Choose "Special" as the donation type. Please state for "TCIC" in the message. (Note: 3% surcharge).

Joys and Concerns Invitation		Rev. Greg Ward
Song of Reflection	The River In Your Eyes Jessica Steele	Jay and Jessica Steele
Shared Joys & Concerns		Rev. Greg Ward
Reading	Last Night When I was Asleep Written by Antonio Machado (Translated by Alan Trueblood)	Rev. Greg Ward
Anthem	Elan Words and Music by Tuomas Holopainen	Jay and Jessica Steele
Message	Buen Camino	Rev. Greg Ward
Closing Hymn	Come Walk Along the Way with Me Camino Santiago de Compostela Pilgrims, Summer 2013	David Johnson
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Mark Rahman
Benediction		Rev. Greg Ward

Next Week's Service: October 15, 2023 – "Walking the Path that Comes to You"
Rev. Greg and Rev. Jim McKinley will lead the service and assisting will be Worship Associate Rev. Jim McKinley. Worship Host will be Graham Bell. Peak Rocks will provide our music.

It goes by different names. Depending on the culture and the people and the period of time in which they found themselves, it's been called 'the journey.' Or 'the path.' Or 'the way.' But what they all have in common is a spiritual awakening. An alignment to bring their head and their heart and their soul in sync with everything else around them. Sometimes, to find it, it's necessary to go and walk the right path. Sometimes, however, the right path comes to walk with you.

Go to https://mpuuc.org/zoom/ for order of service and how to connect for all services

Announcements:

***What I Wish My Parents Knew* film screening and discussion** Come join us at 7PM on October 28th in Cole Hall to watch a 45-minute documentary film that explores the inner struggles of several children battling depression and anxiety and express in great detail what they wish their parents and families would have known and how they could have helped. Go to https://mpuuc.org/what-i-wish-my-parents-knew/ for more information. For more information contact Rev. Barbara Meyers at com_minister@mpuuc.org. For free childcare at the event please email dre@mpuuc.org in advance.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. Email com_minister@mpuuc.org, or call 510-796-5722.