

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



A Spiritual Facelift

Worship Leader: Rev. Dr. Kathy Hurt
Worship Associate: Rev. Barbara Meyers

Worship Host: Graham Bell
Music: Jay Steele

Sunday, October 29, 2023 10:00 AM
Service theme for the month: The Spiritual Path

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, October 29, 2023 10-11:15 a.m.

Centering Thoughts

“The way is not in the sky; the way is in the heart.” – Buddha

“The wound is the place where the Light enters you.” – Rumi

“Out of difficulties grow miracles.” – Jean de la Bruyere

“Let your faith be bigger than your fears.” – Hebrews 13:6.

“There is no other spiritual teacher than your own soul.” – Swami Vivekananda

Prelude

Bell Rev. Barbara Meyers

Call To Worship Rev. Barbara Meyers

Chalice Lighting Rev. Barbara Meyers

Welcome Jay Steele

Welcome Song Jay and Jessica Steele
#34 Though I May Speak With Bravest Fire
Words: Hal Hopson, Music Traditional English melody

Time for all Ages Rev. Barbara Meyers
Cleaning Our Clothes Closets
Martha Dallas

Practice of Generosity (Offering) Rev. Barbara Meyers

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation
P.O. Box 545 Fremont, CA 94537-0545
(If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to:
Mission Peak Unitarian Universalist Congregation
We will be collecting this once per week.
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation Rev. Barbara Meyers

Song of Reflection Jay and Jessica Steele
Hounds of Love
Kate Bush

Shared Joys & Concerns Rev. Barbara Meyers

Reading / Reflection Rev. Dr. Kathy Hurt
“To the Core”
Mark Nepo

Anthem	<i>Second Chance</i> David Bassett and Brent Smith	Jay and Jessica Steele
Message	<i>A Spiritual Facelift</i>	Rev. Dr. Kathy Hurt
Closing Hymn	Hymn # 1028 <i>The Fire of Commitment</i> Words: Mary Katherine Morn and Jason Shelton, Music: Jason Shelton	Jay and Jessica Steele
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Rev. Barbara Meyers
Benediction		Rev. Dr. Kathy Hurt

Next Week's Service: November 5 – "The Chalice of Our Being: a Spiritual Compass"

Rev. Jim McKinley will lead the service and assisting will be Worship Associate Don Ramie. Worship Host will be Erik Alm.
The Peak Performers will provide our music.

Rev. McKinley shares how our UU chalice works for him as a profound symbol and spiritual compass. He uses it to ground and focus him amidst the confusions of the constructed world. It brings him back to our home in the cosmos and right place in life.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

Congregational meeting to be held today after the service The congregation will vote on whether to publicly support the statement: ***We endorse the overall efforts of the California Reparations Task Force to study reparations for African Americans.*** Task Force member Donald Tamaki spoke and answered congregants' questions at our [October 1 service which is available to view at our website](#). See Week on the Peak for more details.

SAVE THE DATE - THE BLACK & WHITE AUCTION IS NOV. 18 7-9 PM ON ZOOM THIS IS OUR ANNUAL FUNDRAISER. BUY YOUR TICKETS NOW! AND PLEASE SIGN-UP FOR YOUR AUCTION ITEM CONTRIBUTION - the forms are available in the WEEK ON THE PEAK or the MPUUC WEBSITE

Two more fellowship opportunities in Nov: a potluck dinner to celebrate the South Asian holiday of Diwali (pronounced deeVALee) on Sat Nov 11th. There will be food from local restaurant Shalimar and a small art project so we're requiring an rsvp. Check WOP for how to rsvp.

And instead of Black Friday, how about Green Friday! Nov 24th all are invited to a byo picnic lunch at a location tbd, somewhere under the trees and not far from parking and restrooms. Please plan to join us if you're in town! Stay tuned for location details.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. Email com_minister@mpuuc.org, or call 510-796-5722.