

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Time Out - Time In

Worship Leader: Rev. Greg Ward
Worship Associate: Sharon Davis

Worship Host: Erik Alm
Music: Peak Rocks

Sunday, January 21, 2024 10:00 AM
Service theme for the month: Epiphany

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.

We, the Member Congregations of the Unitarian Universalist Association, Covenant to Affirm and Promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of the conscience and the use of the democratic process within our congregations and society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Order of Service

Sunday, January 21, 2024 10-11:15 a.m.

Centering Thoughts

What do we say to the Lord of Death? 'Not today.'

The meaning of life is that it stops.

Religion is the human response to being alive and having to die.

You only live twice: once when you're born, and once when you look death in the face.

Suspect each moment, for it is a thief, tiptoeing away with more than it brings.

They always say time changes things, but you actually have to change them yourself.

George R.R. Martin

Franz Kafka

Rev. Dr. Forrest Church

Ian Fleming

John Updike

Andy Warhol

Prelude

Bell

Rev. Greg Ward

Call To Worship

Sharon Davis

Chalice Lighting

Sharon Davis

Welcome

Stephen Longfield

Welcome Song

I've Got Peace Like a River

African American Spiritual

Peak Rocks

Time for all Ages

Charlotte's Web's Purpose and Conception

E.B. White

Minute Book Reports

Practice of Generosity (Offering)

Sharon Davis

Please donate generously if you are able, in one of these ways:

- Mail check to Mission Peak Unitarian Universalist Congregation
P.O. Box 545 Fremont, CA 94537-0545
(If you use Bill Pay with your bank, you could use them to mail the check)
- Drop envelope with check in Mission Peak UU mail slot addressed to:
Mission Peak Unitarian Universalist Congregation
We will be collecting this once per week.
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation

Rev. Greg Ward

Song of Reflection

Give Me Love

George Harrison

Peak Rocks

Lead Vocals by Mark Kahn

Shared Joys & Concerns

Rev. Greg Ward

Reflection

Rev. Greg Ward

Anthem	Time After Time Cindi Lauper	Peak Rocks Lead Vocals by David Lefkort
Message	Time Out, Time In	Rev. Greg Ward
Closing Hymn	I'll Fly Away Albert Brumley	Peak Rocks Lead Vocals by Mark Kahn
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Sharon Davis

Benediction Rev. Greg Ward

Next Week's Service: January 28 – "And Now We Are Six"

Rev. Greg Ward will lead the service and assisting will be Worship Associate Next Week's Associate's Name. Worship Host will be Melissa Holmes. Jo Ann Schriner, Knuti VanHoven will provide our music.

The various cultures that raised us have provided us with millions of ways to recognize loss and renewal. It goes all the way back to the eating of the apple in the Garden of Eden, but continues through Christopher Robin's growing up (and going to war). But, in all such stories, a loss of innocence is coupled with a gain in power or knowledge. What allows us to claim and make use of the truth constantly emerging within us – a truth that needs partnership to be fully revealed?

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

Our Third Congregational Conversation on Learnings from the Sabbatical, facilitated by the Committee on Ministry is taking place immediately after service this morning. We will get to hear from Rev. Greg's about what he learned about how he has been approaching his role as minister. We'll also give members the chance to explore any insights we've come to about the ways the congregation partners well with the minister. Please plan to attend if you're able.

A New to UU class will be held after the service on January 28th. It is a chance for people who are new to Unitarian Universalism and to Mission Peak UU Congregation to learn more about the denomination and about our particular congregation. It will also be a chance for participants to share their stories and to ask any questions. The class runs about 2 hours and food will be provided. If you are interested, please email Membership@MPUUC.org or stop by the Welcome Table to get signed up

A 'Year to Live' class is starting. It will be facilitated by Rev. Greg and Terri King and it asks participants to consider how their remaining time might change if they suddenly discovered they only had a year to live. This is a values clarifying opportunity based on the book, A Year to Live, by Stephen Levine. It meets online on the 4th Thursdays at 7:00 pm. See Week on the Peak to sign up or talk to Rev. Greg or Terri.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. Email com_minister@mpuuc.org, or call 510-796-5722.