

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Ride the Wave

Worship Leader: Rev. Jim McKinley
Worship Associate: Drew Wilson

Worship Host: Erik Alm
Music: The Band: Jo Ann Schriener, Knuti VanHoven,
Sharon Davis, David Johnson

Sunday, November 23, 2025 10:00 AM
Service theme for the month: Nurturing Gratitude

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.



Love is the power that holds us together and is at the center of our shared values.

Interdependence of all existence. With reverence for the great web of life and our place in it.

Pluralism – We celebrate that we are all sacred beings, diverse in culture, experience and theology.

Justice – We work to be diverse multicultural Beloved Communities where all thrive.

Transformation – We adapt to the changing world.

Generosity – We cultivate a spirit of gratitude and hope.

Equity – We declare that every person has the right to flourish with inherent dignity and worthiness.

Order of Service

Sunday, November 23, 2025 10-11:15 a.m.

Centering Thought

"You can't stop the waves, but you can learn to surf."

-Jon Kabat-Zinn

"Surfing is kind of a good metaphor for the rest of life. The extremely good stuff -.... - fills a minute portion of an adult lifespan. The rest of life is the paddling: ..."

-Jaimal Yogis

"A wave isn't like a skate ramp or a mountain; everything's moving around and you have to time how to move along with it. That's easier with a slow wave."

- Kelly Slater

"Just take your time - wave comes. Let other guys go; catch another one."

- Duke Kahanamoku

"In three words I can sum up everything I've learned about life: It goes on."

- Robert Frost

Prelude

Invitation to Gather

Rev. Jim McKinley

Welcome

Jay Steele

Bell

Rev. Jim McKinley

Call To Worship

Drew Wilson

Chalice Lighting

Drew Wilson

Welcome Song

#1064 Blue Boat Home

The Band

Words by Peter Mayer, Music by Roland Hugh Prichard, adapted by Peter Mayer

Time for all Ages

Still This Love Goes On

Rev. Jim McKinley

Words by Buffy Saint-Marie, illustrations by Julie Flett

Practice of Generosity (Offering)

Drew Wilson

Please donate generously if you are able, in one of these ways:

- Use the QR Code in the OOS (Note: 3% surcharge).
- Mail check to MPUUC P.O. Box 545 Fremont, CA 94537-0545
- Drop envelope with check in Mission Peak UU mail slot addressed to: Mission Peak Unitarian Universalist Congregation
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).



Joys and Concerns Invitation

Rev. Jim McKinley

Song of Reflection

California Dreamin'
John Phillips, Michelle Phillips

The Band

Shared Joys & Concerns		Rev. Jim McKinley
Reading / Reflection	Reflection "The Green Growing Edge" by Rev. Dr. Howard Thurman	Rev. Jim McKinley
Anthem	Long May You Run Neill Diamond	The Band
Message	Ride the Wave	Rev. Jim McKinley
Closing Hymn	Closing song #1052 The Oneness of Everything Words and music by Jim Scott	The Band
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Drew Wilson
Benediction		Rev. Jim McKinley

Next Week's Service: November 30– "Guest at Your Table"

UU Service Committee Partners will lead the service and assisting will be Worship Associate Rev. Barbara Meyers. Worship Host will be Elizabeth Bartmess. Peggy Rahman will provide our music.

While human rights and international aid are under attack, it's easy to feel like change is impossible. UUSC's partners, however, know first-hand that justice doesn't just appear overnight. The movement for collective liberation requires ongoing, diligent tending and long-haul commitment. This year, grassroots leaders share how they're planting seeds for a more just future, no matter the circumstances.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

This coming Friday is GREEN FRIDAY- this is the Friday that follows Thanksgiving. It's a chance to ditch the consumer culture of Black Friday and instead spend time in nature and in community. We'll be in Coyote Hills with coffee and pastries starting at 11am. Look for the tent flying the Progress Pride flag.

ARO is putting up a display of some of the books that have been banned somewhere in our country. We start at Fremont Main Library in the Children's section Monday, Dec 1 at 2:15 PM. We are supporting the free search for knowledge for our children. Please come by to help or take pictures OR stop by later. The display will be up all month.

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. Email com_minister@mpuuc.org, or call 510-493-1796.