

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Keeping Your Balance in a Topsy Turvy World

Worship Leader: Rev. Becky Leyser
Worship Associate: Drew Wilson

Worship Host: Melissa Holmes
Music: Von Bringhurst and Peak Performers

Sunday, May 3, 2026 10:00 AM

Service theme for the month: **Awakening Curiosity**

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.



Love is the power that holds us together and is at the center of our shared values.

Interdependence of all existence. With reverence for the great web of life and our place in it.

Pluralism – We celebrate that we are all sacred beings, diverse in culture, experience and theology.

Justice – We work to be diverse multicultural Beloved Communities where all thrive.

Transformation – We adapt to the changing world.

Generosity – We cultivate a spirit of gratitude and hope.

Equity – We declare that every person has the right to flourish with inherent dignity and worthiness.

Order of Service

Sunday, May 3, 2026 10-11:15 a.m.

Centering Thoughts

“Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom.”

Anonymous

“We don’t rise to the level of our goals, we fall to the level of our systems.”

James Clear

“We fail the minute we let someone else define success for us.”

Brene Brown, Dare to Lead: Brave Work. Tough Conversations. Whole Hearts

“It turns out that trust is in fact earned in the smallest of moments. It is earned not through heroic deeds, or even highly visible actions, but through paying attention, listening, and gestures of genuine care and connection.”

Brene Brown, Dare to Lead: Brave Work. Tough Conversations. Whole Hearts

Prelude

Bell Drew Wilson

Call To Worship Drew Wilson

Chalice Lighting Drew Wilson

Welcome Mark Rahman

Welcome Song Peak Performers
Directed by Von Bringhurst
Hymn #18 What Wondrous Love
Words: American folk hymn
New words by Connie Campbell Hart
Music: Melody from *The Southern Harmony*

Time for all Ages Rev. Becky Leyser
“I AM HUMAN: A Book of Empathy”
by Susan Verde; art by Peter H Reynolds

Practice of Generosity (Offering)

Please donate generously if you are able, in one of these ways:

- Use the QR Code in the OOS (Note: 3% surcharge).
- Mail check to MPUUC P.O. Box 545 Fremont, CA 94537-0545
- Drop envelope with check in Mission Peak UU mail slot addressed to: Mission Peak Unitarian Universalist Congregation
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).

Drew Wilson



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| Joys and Concerns Invitation | | Drew Wilson |
| Music for Reflection | | Von Bringhurst |
| Shared Joys & Concerns | | Drew Wilson |
| Reading / Reflection | excerpt from “Strong Ground” Brené Brown | Rev Becky Leyser |
| Anthem | Somewhere Over the Rainbow Music by Harold Arlen Lyric by E. Y. Harburg Arranged by Teena Chinn | Peak Performers |
| Message | Keeping Your Balance in a Topsy Turvy World | Rev Becky Leyser |
| Closing Hymn | Hymn #86 Blessed Spirit of My Life Shelly Jackson Denham | Peak Performers Directed by Von Bringhurst |
| Extinguishing the Chalice | #456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again. | Rev Becky Leyser |
| Benediction | | Rev Becky Leyser |

Next Week’s Service: May 10 – “Maternal Blessing”

Rev. Greg Ward will lead the service and assisting will be Worship Associate Beth Schaefer. Worship Host will be Erik Alm.
Jay Steele will provide our music.

Everywhere we look across this beautiful planet, we see the struggle to come of age in an uncertain world. The world can be relentless and unforgiving in the challenges it requires us to face. But one unmistakable blessing it has incorporated is that of mothers and mothering. In this multigenerational service, we will hear and see stories of the way this maternal blessing shows up across environment, climates and species.

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. Email com_minister@mpuuc.org, or call 510-493-1796.