

WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



From the Head; From the Heart

Worship Leader: Rev. Greg Ward
Worship Associate: Rev. Barbara Meyers
and Mark Rahman

Multigenerational Care: Ariel Smith-iyer
Worship Host: Steve Wallcave
Music: Peak Rocks and Various Artists

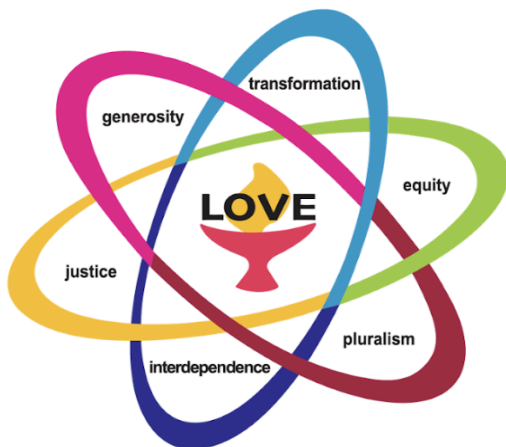
Sunday, May 17, 2026 10:00 AM

Service theme for the month: Awakening Curiosity

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.



Love is the power that holds us together and is at the center of our shared values.

Interdependence of all existence. With reverence for the great web of life and our place in it.

Pluralism – We celebrate that we are all sacred beings, diverse in culture, experience and theology.

Justice – We work to be diverse multicultural Beloved Communities where all thrive.

Transformation – We adapt to the changing world.

Generosity – We cultivate a spirit of gratitude and hope.

Equity – We declare that every person has the right to flourish with inherent dignity and worthiness.

Order of Service

Sunday, May 17, 2026 10-11:15 a.m.

Centering Thought

“Do not feel lonely, the entire universe is inside you. Stop acting so small. You are the universe in ecstatic motion. Set your life on fire.” Rumi

“There is no normal life that is free of pain. It’s the very wrestling with our problems that can be the impetus for our growth.” Fred Rogers

“Let everything happen to you: beauty and terror. Just keep going. No feeling is final.” —Rainer Maria Rilke

“There is always light. If only we’re brave enough to see it. If only we’re brave enough to be it.” Amanda Gorman

“I now see how owning our story and loving ourselves through that process is the bravest thing that we will ever do.” Brené Brown

“And you? When will you begin that long journey into yourself?” Rumi

Prelude

Bell Rev. Greg Ward

Call To Worship Rev. Barbara Meyers

Chalice Lighting We light this chalice...To remind ourselves
to treat all people kindly, because we are all one family;
To take good care of the Earth, because it is our home;
To live lives full of goodness and love, because that is how we will become
the best people we can be. Rev. Barbara Meyers

Welcome Valerie Stewart

Welcome Song 298 Wake Now My Senses Peak Rocks
Thomas Mikelson

Time for all Ages The Rabbit Listened Rev. Greg Ward
By Cori Doerrfeld

Pulpitorial UU Mental Health Network Rev. Barbara Meyers

Practice of Generosity (Offering) Rev. Greg Ward

Please donate generously if you are able, in one of these ways:

- Use the QR Code in the OOS (Note: 3% surcharge).
- Mail check to MPUUC P.O. Box 545 Fremont, CA 94537-0545
- Drop envelope with check in Mission Peak UU mail slot addressed to: Mission Peak Unitarian Universalist Congregation
- Pay online at <https://mpuuc.org/contact-us/donate/> with credit or debit card (Note: 3% surcharge).



Joys and Concerns Invitation		Rev. Greg Ward
Song of Reflection	It's Alright Mother, Mother	Mother, Mother
Shared Joys & Concerns		Rev. Greg Ward
Reading / Reflection	Presence By Rev. Barbara Meyers	Rev. Greg Ward
Anthem	Manic Coleman Hell	Coleman Hell
Message	From the Head; From the Heart	Rev. Greg Ward
Closing Hymn	There is More Love, Somewhere African American Spiritual	Peak Rocks
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Rev. Barbara Meyers
Benediction		Rev. Greg Ward

Next Week's Service: May 24– "Judgment is the Enemy of Curiosity "

Mark Rahman will lead the service and assisting will be Worship Associate Paul K. Davis. Worship Host will be Erik Alm. Jo Ann Schriener, Knuti VanHoven and Sharon Davis will provide our music.

In the far back past there was a belief in magical properties of a group, a people or sometimes interpreted as a nation. A magical connection that imbued all who were of the people with a common attribute. One of these attributes was collective guilt. Because the people were connected by blood to a common ancestor who sinned or it was just considered to be their nature. It meant that any member was also as guilty as the original transgressor and could be treated as such. We no longer agree that magic exists intellectually but in practice it is still done. How shall UU's proceed in this Medieval ethos and bring sanity and modernity to the present?

Go to <https://mpuuc.org/zoom/> for order of service and how to connect for all services

Announcements:

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. Email com_minister@mpuuc.org, or call 510-493-1796.

International Day Against Homophobia, Transphobia, Biphobia is observed on May 17. "It aims to coordinate international events that raise awareness of LGBTQ rights violation and stimulate interest in LGBTQ rights work worldwide."

Fremont Pride Festival (FPF) at Fremont's Alameda County Library, is Saturday, June 13, 9AM-2PM.

Please help us woman (man) our MPUUC table while we share with the community that all are welcome at MPUUC.