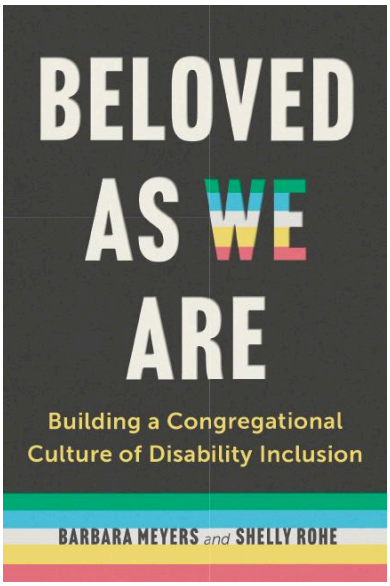
WELCOME TO MISSION PEAK UNITARIAN UNIVERSALIST CONGREGATION



Beloved as We Are - Building a Congregational Culture of Disability Inclusion

Worship Leader: Rev. Barbara Meyers
Worship Associate: Don Ramie
Multigenerational Programming: Ariel Smith-iyer and Jordan Jacobs

Worship Host: Steve Wallcave
Music: Various

Sunday, July 19, 2026 10:00 AM

We are very glad that you are with us today and hope you feel our welcome. If you would like to learn more about us and receive our weekly email newsletter, please send an email to welcome@mpuuc.org. We request your name, email, phone number and address. We'd be happy to answer any questions.

Our Mission Statement:

The foundation of Mission Peak is love. We are a spiritual community of open minds, nurturing growth and healing in ourselves and all people. Together we strive to live compassionately and courageously as we work for a nonviolent, just and sustainable world.



Love is the power that holds us together and is at the center of our shared values.
Interdependence of all existence. With reverence for the great web of life and our place in it.
Pluralism – We celebrate that we are all sacred beings, diverse in culture, experience and theology.
Justice – We work to be diverse multicultural Beloved Communities where all thrive.
Transformation – We adapt to the changing world.
Generosity – We cultivate a spirit of gratitude and hope.
Equity – We declare that every person has the right to flourish with inherent dignity and worthiness.

Order of Service

Sunday, July 19, 2026 10-11:15 a.m.

Centering Thoughts

"This book is dedicated to disabled Unitarian Universalists and their allies." *- Barbara Meyers and Shelly Rohe*

"You will make mistakes and you will encounter resistance. You will sometimes have to make difficult decisions and realign priorities. But every time someone feels, whether for the first time or as a beloved reminder, that their whole self is cherished in a faith community that aligns with their heart and soul, it has a lasting impact on them, their community, and the world.

- Barbara Meyers and Shelly Rohe

The work is never done. "Do the best you can until you know better. Then when you know better, do better."

- Often credited to Maya Angelou

Prelude	*Lean on Me* by Bill Withers	Peak Rocks
Bell		Rev. Barbara Meyers
Call To Worship		Don Ramie
Chalice Lighting		Don Ramie
Welcome		Mark Rahman
Welcome Song	#1014 Answering the Call of Love #1014 Jason Shelton	Foothills Unitarian Curch
Time for all Ages	*Just Ask - Be Different, Be Brave, Be You* Written by Sonia Sotomayor, Illustrated by Rafael Lopez	Karla Scott

Practice of Generosity (Offering) Don Ramie

Please donate generously if you are able, in one of these ways:

- Use the QR Code in the OOS (Note: 3% surcharge).
- Mail check to MPUUC P.O. Box 545 Fremont, CA 94537-0545
- Drop envelope with check in Mission Peak UU mail slot addressed to: Mission Peak Unitarian Universalist Congregation
- Pay online at https://mpuuc.org/contact-us/donate/ with credit or debit card (Note: 3% surcharge).

Joys and Concerns Invitation		Rev. Barbara Meyers
Song of Reflection	*Consolation* Felix Mendelssohn	Jo Ann Schriner
Shared Joys & Concerns		Rev. Barbara Meyers

Responsive Reading	*In Holy Reverence of Disabled Bodies* Laura McGuire	Rev. Barbara Meyers
Anthem	#127 *Can I See Another's Woe* Words: William Blake, Music: "Veni Redemptor Gentium"	UU San Luis Obispo
Message	Beloved As We Are	Rev. Barbara Meyers
Closing Hymn	#1007 *There's a River Flowing in my Soul* Rose Sanders	UU Church of Utica
Extinguishing the Chalice	#456 We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.	Don Ramie
Benediction		Rev. Barbara Meyers

Next Week's Service: July 26 – "Transitions"

Mark Rahman will lead the service and assisting will be Worship Associate Paul Davis. Worship Host will be Melissa Holmes. Jo Ann Schriner, Knuti VanHoven, Sharon Davis will provide our music.

Traditionally we categorize change right up there with the unknown, public speaking, taxes, job search and a few other bete noirs as scary and painful. Rationally I can dispel that feeling but realistically it does not dispel as emotions do not vanish by saying 'boo' to them. We have all accomplished change in the past and reliving those experiences with survival can deescalate the accompanying fear and inconvenience. With strengths we don't know we have and resolve, the future is open to one who seeks. Even knowing change is ineluctable, inevitable and a certainty does not take away our ability to keep on keeping on.

Go to https://mpuuc.org/zoom/ for order of service and how to connect for all services

Announcements:

In search of mental health family support or peer support resources in the larger Tri-City area? Contact Rev. Barbara Meyers, a mental health educator and peer support provider. Email com_minister@mpuuc.org, or call 510-493-1796.